



Video Library Resource Guide



Colorado Safety Association

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CSA thanks Pinnacol Assurance for donating more than 100 safety videos for Pinnacol Assurance and CSA members to use.

The CSA Video Lending Library is for members of CSA and Pinnacol Assurance. To order, CSA members please call 303-373-1937 or email frontdesk@coloradosafety.org. Pinnacol members contact Pinnacol Assurance – Loss Control.

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ACCIDENT INVESTIGATION

Accident Investigation (*Video Training Source*) **21 Minutes.....A-100.01**
Techniques used in handling a well-organized, complete accident investigation.

Accident Reporting and Investigation (*Bureau of Business Practice*) **15 Minutes A-100.04**
Emphasizes the importance of employee cooperation in reporting accidents. Learn a five point action plan that will allow them to react more effectively if an accident occurs. Employees critical role in helping management improve on-the-job safety in the workplace.

ISO 9000: Passport to the Future (*Coastal*) **29 Minutes.....PA-101**
Learn the steps required to implement ISO 9000 with this informative video program. It details ISO 9001, 9002, 9003 and 9004.
-Step-by-step instruction for certification and accreditation
-Discusses standardization, documentation and continual improvement

ISO 9000: Six Steps to Global Quality (*Coastal*) **25 MinutesPA-102**
This important video program defines ISO 9000 and discusses how implementing a quality process can benefit your organization.
-Preparing for ISO 9000
-Explains the positive impact certification can have on your organization
-Details a company's preparation for the Final Audit

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AERIAL LIFTS

A Lift to Safety (*Safety Shorts*)
5 Minutes.....**A-100.15**
Although important on many job sites, personal lift baskets can be extremely dangerous. Proper procedures for a safe lift are reviewed.

Bucket Trucks (*Safety Shorts*)
5 Minutes.....**B-100.01**
Bucket trucks allow workers to gain access to heights, but also require attention to safety. To help avoid risks such as falls and exposure to electrical hazards, learn and follow safe work practices.

Scissor Lifts in Construction
(*Coastal*) **9 Minutes**.....**PCH-109**
Scissor lifts can provide a safe walking and working surface on construction sites; however, proper training is essential. This program will teach workers what they need to know.

BACK INJURY PREVENTION / LIFTING & CARRYING

Back Injury Prevention Through Ergonomics (*NSC*) **15 Minutes****B-100.02**
Shows how back injury occurs, how to lift properly and how to design a workstation.

Back Safety: Lift Well, Live Well
(*Coastal*) **14 Minutes**.....**B-100.03**
Almost everyone has had back pain at one time. But you're much better off taking care of your back before pain sets in. This video shows how you can "head off back pain" when you use your head and remember to protect your back from injury.

Understanding the Working Back
(*The FPE Group*) **20 Minutes****B-100.04**

Dr. Leonard Ring explains how the back works and how to avoid injuries through proper lifting.

Worker's Enemy Number One (*Safety Shorts*) **5 Minutes****B-100.05**
Explains how to avoid back injury through common sense practice.

Bad Back Video, The (*Leonard Ring*)
24 Minutes**B-100.06**
Dr. Leonard Ring looks at back injury prevention using a model of the human spine to demonstrate the biomechanics of the spine.

Safe Lifting and Carrying (*Bureau of Business Practice & Training Network, Inc.*)
12 Minutes**B-100.07**
Employees need to realize that every time they prepare to lift something, whether at work, at home, or at play, they could be putting their backs at risk. That's why it's essential for them to learn the steps to safe lifting and carrying. This video explains these steps to your employees and ensures that they'll remember and use them!

Back in Shape (*Bureau of Business Practice*) **17 Minutes****B-100.08**
How employees can maintain a healthy back.

Lifting and Carrying (*SafetyCare*)
11 Minutes.....**B-100.09**
Shows anatomy and physiology of the neck and back, types of injuries – muscle-ligament and disk, steps to safe lifting, physical characteristics of loads, working conditions and personal limitations.

Dealing with Manual Handling
(*SafetyCare*) **10 Minutes****B-100.11**
Movement of items by human energy (i.e., lifting, holding, pushing, pulling, shifting and lowering).

Save Your Back Program (*Backcare*)
39 Minutes**B - 100.12**
 A body mechanics and patient transfer program for health care providers.

Back Injury Responsibility (*Training Network, Inc.*) **10 Minutes**
**B-100.13 SPANISH**
 Explains how to use your back properly and how to lift responsibly.

Back to Basics (*Safety Shorts*)
5 Minutes**B-100.14**
 This video shows what can cause back injuries and how you can avoid them.

Self-Help for Back Pain (*Safety Shorts*)
5 Minutes**B-100.15**
 This video focuses on preventing back injury and offers a few simple exercises for relieving back pain.

Safetyman vs. The Masked Menace (*Safety Shorts*) **5 Minutes****B-101.00**
 This video covers safety tips the worker should follow to help prevent back injuries.

Getting Your Back Into It! (*Safety Shorts*) **5 Minutes****B-101.01**
 This video illustrates how the back works.

Watch Your Back (*Safety Shorts*)
5 Minutes**B-101.03**
 This video humorously illustrates the five steps to proper lifting.

Back in Step: The Road to Recovery from Back Injury (*CLMI*)
54 Minutes**B-101.04**
 This video talks about the road to recovery from back injury.

Back Care In Construction (*The Training Network*)
13 Minutes**B-101.05 DVD / SPANISH**
 Increase awareness of potential hazards in construction-related activities and avoid injury. (1) Safe Lifting: leg power, power zone, 10:1 ratio (2) Back structure and function (3) Shoveling safety

(4) Equipment / material handling: picks, breakers, cement sacks, piping, and sledgehammers.

Strains and Sprains: Avoiding the Pain (*Coastal*)**B 101.06 DVD- Eng/Span**
 This program trains your employees how to avoid straining or spraining body parts at work. It covers overexertion injuries, pulled muscles, specific risk factors such as slips, trips, & falls, heavy lifting and use of extreme force and repetitive or sustained movements. Learn how to protect your body and stay in balance using Neutral Posture and Reverse Stretching.

A Bit About Backs: Module 1: Back Basics (*CLMI*) **12 Minutes****PB-101**
 Back Injury Prevention.

A Bit About Backs: Module 2: Risk Factors (*CLMI*) **12 Minutes****PB-102**
 Back Injury Prevention.

A Bit About Backs: Module 3: Prevention Strategies (*CLMI*) **12 Minutes****PB-103**
 Back Injury Prevention.

B-A-C-K: Posture, Mechanics, Exercise (*Coastal*) **19 Minutes**
**PB-104 SPANISH**
 Examines the problem of back pain and states that planning ahead and using common sense can avert most back injuries. Poor posture, incorrect body mechanics and lack of exercise are the primary culprits. Some exercises are demonstrated.

Back Injury Prevention for Construction Workers (*STS*)**PB-105**
 A back injury prevention and safety awareness video produced especially for the construction industry. Clearly identifies lifting hazards on the job and explains techniques for safe lifting of construction materials and equipment.

Construction Back Safety (Hard Hat Series) (*Coastal*) **10 Minutes****PB-106**

Flex Stretch (*IPM*) **12 Minutes** ..**PB-107**

How to Prevent On-The-Job Back Injuries (*The Idea Bank*) 20 Minutes....PB-108

Stretch Out (*STS*) 26 Minutes...PB-109
A cost-effective and motivational video for reducing workplace injuries. This new video describes and demonstrates stretching and warming-up exercises that can be used to minimize injuries. "Stretching Out At Work" can be customized to any work environment.

Back Talk 20 MinutesPB-110

Back Pain (Lower Back) (*Time Life Medical*) 30 Minutes.....PB-111

Stretching Out At Work (*CLMI*) 12 Minutes.....PB-112

BLOODBORNE AND AIRBORNE PATHOGENS

Bloodborne Pathogens In the Workplace For Heavy Industry (*MTI/Marcom Group, Ltd.*) 24 Minutes_F-101.05

The objective of this program is to inform participants about bloodborne pathogens and how to reduce or eliminate exposure to them. The video highlights: the standard itself, symptoms of bloodborne diseases, transmission modes, the exposure control plan, and how to recognize tasks that may involve exposure.

Avian Flu: What You Need To Know (*Coastal*) 13 MinutesF-101.06
Informs viewers about the virus and offers important tips on how to avoid transmission and deal with it if transmission occurs.

All Washed Up (*Safety Shorts*) 5 MinutesF-101.07
A secondary line of contamination defense in the workplace is the emergency shower and eye-wash unit. Learn how and when to use them.

Bloodborne Pathogens: First Response (*Training Network, Inc.*) 28 MinutesF-101.08

Best Defense, The: Hand Washing (*Long Island Productions*) 12 MinutesF-101.09

H1N1 (Swine Flu) What You Need To Know (*Coastal*) 11 Minutes.....F 101.10
DVD (ENGLISH / SPANISH)

There is widespread concern over the risk of exposure to the deadly H1N1 Flu (Swine Flu). The virus has one very important trait that could turn it into a global health emergency: the ability to spread from human to human. Now is not the time to panic. Now is the time to prepare. Separate fact from fiction and make sure your employees know how to protect themselves against the virulent disease.

- What is H1N1 Flu and how is it transmitted?
- Symptoms and treatments
- What to do in case of exposure
- H1N1 Flu treatment

Bloodborne Pathogens Overview (*Safety Shorts*) 5 Minutes.....F-105.04
This video covers the new OSHA STANDARDS--giving a complete overview of bloodborne pathogens.

Bloodborne Pathogens: Protect Yourself From Hidden Dangers (*Bureau of Business Practice*) 10 MinutesH-202.06
Following current OSHA guidelines, demonstrates necessary safety precautions and procedures including the need to treat all blood and body fluid as if it were infected, why wearing personal protective equipment is critical when dealing with blood and bodily fluids.

Bloodborne Pathogens for School (*Long Island Productions*) 17 Minutes.....H-202.09 **SPANISH**
Produced especially for custodian and maintenance staff.

Bloodborne Pathogens Safety for Custodians (*The Training Network*) 20 Minutes.....H-202.10 **DVD**
Excellent video demonstrates how custodians and maintenance workers can safely clean up spills of blood or other potentially infectious materials without risking exposure.

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- Description of bloodborne pathogens
- Demonstrations: cleaning up bloodborne pathogens
- Guidelines for using and disposing of BioHaz bags and PPE.

Preventing Exposure to Bloodborne Pathogens (*The Training Network*)
8 Minutes.....H – 202.11 (DVD)
 Bloodborne pathogens are a threat to every employee, including industrial, office and other non-healthcare workers. Teach your staff to protect themselves from potentially infectious materials by giving them an awareness of when exposure may occur. This quick-paced video covers the exposure control plan and how bloodborne pathogens are transmitted, specific safety precautions that should be taken to prevent contact with contaminated items, how to respond to possible exposure situations.

Bloodborne Pathogens: Just the Facts! (*Coastal*) **16 Minutes.....H – 202.12 DVD Eng / Span**
 This program will give all viewers a complete picture of the risks of exposure to BBP, the kinds of diseases potentially present in blood and bodily fluids and the best practices to implement in order to stay safe in the event of exposure. It covers Bloodborne diseases, how exposure occurs, safe work practices, preventive housekeeping and emergency response.

CHILDREN / TEEN SAFETY

Bicycle Safety (*The American Academy of Pediatrics/Triaminic*) **25 MinutesC-100.01**
 Children ages 5-12.

Bicycle Safety Camp (*The American Academy of Pediatrics/Triaminic*) **25 MinutesC-100.01B**
 Ages 6-12 + parents.

Childsafe -Vol. 1.....C-100.02

Choices: Learning About AIDS (*NSC*)
20 MinutesC-100.03
 High school students discuss AIDS prevention and the use of condoms.

Just a Few Seconds (*Handel*)
15 MinutesC-100.05
 Prevent child drowning in residential pools.

Not Me! (*JC Penney*) **40 MinutesC-100.07**
 A drama about crack abuse among teenagers.

Playground Safety: Design and Maintenance (*The Idea Bank*) **20 MinutesC-100.08**
 "Hands on" inspection techniques show maintenance professionals how to stay in compliance with new federal playground safety guidelines.

Sly Fox and Birdie (*Union Pacific Railroad*) **10 MinutesC-100.09**
 Animated railroad safety video for children. Teaches caution around railroad tracks and develops awareness of highway rail crossing signals.

Staying Home Alone (*Independence Market Group*) **15 MinutesC-100.10**
 Do's and don't's for children home alone.

Precious Cargo (*General Motors*)
15 MinutesC-100.11
 Protecting the children who ride with you.

Baby Safe (*Baby Buff Productions*)
40 MinutesC-100.12
 Pediatric specialists on how to prevent/react to the most common childhood emergencies

Avoiding Collisions: How to Survive the Teenage Driving Years (*Liberty Mutual*)
16 MinutesD-100.03
 A dialogue between parents and teenagers about teenage driving risks. Includes discussion questions for teenage audience.

Children in Crashes (*Insurance Institute for Highway Safety*)
8 MinutesD-100.07
 Demonstrates the importance of using car seats and restraints for children.

For Jamie: Child Passenger Safety (*Visucom*) **24 Minutes.....D-100.12**
 Demonstrates importance of using car seats and seat belts for children.

- When Teenagers Drive** (*Insurance Institute for Highway Safety*) **12 Minutes****D-100.22**
Arguments for curfews, higher drinking age, use of seat belts and motorcycle helmets.

CONFINED SPACE ENTRY

- Confined Space Safety I – Confined Space Entry** (*Tel-a-Train*) **25 Minutes****C-101.02**
Describes various hazards of confined spaces and popular safety procedures for entry.

- Confined Space Safety II – Testing Confined Spaces** (*Tel-a-Train*) **25 Minutes****C-101.03**
Why is testing necessary? Gas detectors and testing procedures.

- Confined Space Safety III - Working Inside Confined Spaces** **22 Minutes****C-101.04**
Purging and ventilation, good work habits!

- Confined Space Safety** (*Safety Care*) **14 Minutes****C-101.05**
Every year there are serious accidents involving confined spaces in the workplace. In order to reduce the number of confined space accidents, we need to have a fundamental understanding of the hazards and risks that are associated with confined spaces.

- Rescue and Retrieval Systems** (*DBI/SALA*) **5 Minutes****C-101.06**

- Confined Space Ventilation** (*Coastal*) **18 Minutes****C-101.07**
Special safety precautions required for confined space ventilation are reviewed in this video, along with how and when to ventilate.

- Cave-In! Trenching & Shoring Safety** (*Coastal*) **18 Minutes**.....**PC-101**
Of the numerous trench construction accidents, 400 are deaths and 6,400 are severe injuries. Give your workers a deep understanding of trench hazards and an

even deeper know-how to prevent cave-ins with this best-selling training program. It supports your compliance efforts concerning OSHA 1926.650-652 and describes practical facts on:

- Grain size and saturation
- Cohesion and training
- Protective systems

- Confined Space Atmospheric Testing** (*Coastal*) **17 Minutes****PC-102**
Reviews how and when to test, and also what to do when air is unsafe. Identifies the atmospheric hazards of a confined space. Covers procedures for proper pre-testing, and response when air is unsafe.

- Confined Space Entry – Permit Required** (*Coastal*) **21 Minutes**..... **PC-103**
Protect your employees from the dangers of working in confined spaces and be sure you're in compliance with OSHA 1910.146 with this popular program. It reviews the details on how to prepare a confined space entry permit and the best way to train a confined space entry team.

 - Entry permit requirements
 - Safe atmospheric testing
 - Training the entry team

- Confined Space Entry – Permit Required**(*Coastal*) **21 Minutes**.....**PC-104 SPANISH**

- Confined Space Hotwork – Checklist to Safety** (*Coastal*) **20 Minutes****PC-105**
The proper safety procedures for confined space hotwork, including entry permits and hotwork permits are covered in this informative program.

 - The hotwork permit
 - Fire watch
 - Emergency rescue

- Confined Space Non Entry Rescue** (*Coastal*) **20 Minutes****PC-106**
The dangers of confined spaces and the responsibility of the attendant are covered in this program. Your workers will learn how to get someone out of a confined space without endangering themselves. The training complies with OSHA 1910.146.

 - The written permit
 - The retrieval system

- Confined Space Rescue** (*Coastal*) **31 Minutes**.....**PC-107**

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As soon as this program begins, your employees will notice why it has won so many awards. It reviews OSHA rescue requirements and technical rescue procedures.

- Worker orientation
- OSHA rescue requirements
- Developing the rescue team
- Psychological aspects

Confined Space Ventilation (*Coastal*)
18 Minutes**PC-108**
Special safety precautions required for confined space ventilation are reviewed in this video, along with how and when to ventilate.

Confined Spaces: Dangerous Places (*The Training Network*)
25 Minutes.....**PC – 109 (DVD)**
Working safely in confined spaces requires a balance of the proper equipment, awareness and knowledge of hazards, proper training, and common sense. Give your authorized entrants, attendants, entry supervisors, and rescue services personnel the necessary skills to comply with 29 CFR 1910.145 with this in-depth training program.

Confined Spaces & The Entry Permit System. (*The Training Network*)
8 Minutes.....**PC – 110 (DVD)**
Employees need to be aware of the inherent dangers that lurk in confined spaces. This concise compelling video will teach your workers the definition of a confined space the hazards associated with them and the entry permit system. Also covers the difference between permit and non-permit required spaces, the responsibilities of each confined space entry team member, the entry supervisor, the standby attendant and entrants.

CONSTRUCTION SAFETY / HEAVY EQUIPMENT

Heavy Equipment Operations (*NSC*)
10 Minutes**C-102.02**
Working on/around backhoes. Proper use of hydraulics, load carrying and earth moving.

Jobsite Hazards (*NSC*) **10 Minutes**
.....**C-102.03**
Keep site free from debris, working around underground utilities, safety in traffic zones and hand tool safety.

Trench Shields (*NSC*) **12 Minutes**
.....**C-102.04**
Rules for installing/moving trench shields. Routine inspection and how to check for trouble signs.

Trenching Safety I (*Safety Shorts*)
5 Minutes.....**C-102.05**
Basic guidelines to ensure a safe trenching job are shown.

Trenching Safety II (*Safety Shorts*)
5 Minutes.....**C-102.06**
Basic guidelines to ensure a safe trenching job are shown.

Crane Safety (*Training Network, Inc.*)
16 Minutes**C-102.07**
Teaches employees to understand their crucial role in preventing deadly accidents.

Crane Safety: Outrigger Support & Stability (*Safety Shorts*) **5 Minutes**..**C-102.08**
Workers may be at risk of serious injury or death when a crane tips or overturns. To help avoid accidents, use outriggers and adequate mats as needed to support and stabilize cranes.

Anatomy of a Lift – Crane Safety II (*Safety Shorts*) **5 Minutes****C-102.09**
Cranes are the workhorse of the construction industry. Yet they also cause some of the worst accidents when basic crane safety precautions are ignored. This dramatic video dissects such an accident and offers safety tips on how it could have been prevented.

Overhead Cranes (*Safety Shorts*)
5 Minutes**C-102.10**
Overhead Cranes can inflict injuries if misused or abused. To help avoid accidents, follow procedures for inspection, safe operation, and preventative maintenance.

Welding and Cutting Safety I (*Safety Shorts*) **5 Minutes****C-102.11**
Welding and cutting work is inherently hazardous. High Heat. Sources of ignition. You need to know how to practice your craft without getting “burned”.

Welding and Cutting Safety II (*Safety Shorts*) **5 Minutes****C-102.12**
Welding and cutting work use intense heat to reshape our world. But the same power that creates can destroy. Find out how to control that power...and your own fate.

Ups and Downs of Material Handling Safety Equipment (*The Training Network*) **22 Minutes**.....**C – 102.13 (DVD)**
Discusses important safety procedures related to the use of material handling equipment, and explains how to safely operate
-Pallet jacks
-High-lift stackers
-Dock levelers
-Hand Trucks and more

Chains and Safety (*Safety Shorts*) **5 Minutes**.....**G-100.08**
This video describes proper chain safety and maintenance, and cites helpful hints for evading accidents.

Industrial Low Lift Trucks (*Coastal*) **18 Minutes**.....**PCH-101**

Construction – Safe Work Practices (*The Training Network*) **11 Minutes**.....**PCH-102 DVD (SPANISH)**

Working Around Cranes (*Coastal*) **19 Minutes****PCH-103**
Teach your employees how to identify and prevent the hazards associated with working around cranes – before those hazards become accidents.
-Proper PPE to wear around cranes
-Crane assembly
-Wire rope/lifting
-Signaling

Construction Electrical Safety (*Coastal*) **10 Minutes****PCH-107**

Make your employees shockproof. Teach them to avoid electrical accidents and charge up your electrical safety standards.
-Techniques for using equipment safely
-Making the work environment safe
-Responding to an accident

Think Smart! Think Safety!
Ironworkers Module 18 Minutes...**PCH-108**

Scissor Lifts in Construction (*Coastal*) **9 Minutes**.....**PCH-109**
This video shows safety tips for scissor lifts in construction.

Construction Trenching and Shoring (Hard Hat Safety) (*Coastal*) **10 Minutes**.....**PPT-101**

Construction Welding Safety (Hard Hat Safety) (*Coastal*) **10 Minutes****PPT-102**
When you heat up your safety standards for welding and oxyfuel gas cutting, you cool out the possibilities of accidents. Get the hot facts on:
-Safe operation procedures
-Proper safety equipment
-Making the work environment safe

CRIME

Crimes of Opportunity (*The Idea Bank*) **30 Minutes****C-103.01**
Protect yourself from becoming a victim.

Violence in the Workplace (*Safety Shorts*) **5 Minutes****C-103.02**
Recognize the potential for violence, and know what to do in the event of an attack.

Reduce Your Risk (*FLI Learning Systems, Inc.*) **15 Minutes**.....**D-100.15**
Help safeguard yourself and your family against vehicle-related crime.

DRUG AWARENESS

Just Say Know (*Ed Emig*) **36 Minutes****C-100.06**
One man's personal story of his cocaine abuse which led to prison.

A Drug Free Workplace: What Employees Can Do 15 MinutesPDA-102

Supervising the Drug-Free Workplace (Parker Productions) 18 MinutesS-100.07
Designed to help supervisors detect the warning signs of drug problems in the workplace.

ELECTRICAL SAFETY

Electrical Safety for the Qualified Worker (Coastal)L-100.00 DVD (ENGLISH and SPANISH)
Electrical safety is no light matter. Between 5 and 10 times a day, an arc flash explosion sends a burn victim to a special burn center. Generate strong safety procedures for your workers so they can avoid electrical shock, serious burns and arc flash accidents. This best-selling program also helps your facility comply with OSHA regulation 1910.333-335 and covers the following info:
-Correct PPE
-Lockout / tagout procedures
-NFPA 70E
-Arc Flash hazard analysis

Electrical Safety for Non-Electrical Workers (NUS Training Corp.) 20 MinutesL-100.01
Explains the basics of electricity for non-electrical workers and the safety precautions needed.

Low Voltage Safety 14 MinutesL-100.03
Proper safety precautions, tools and PPE to prevent injuries from 600 volts or less.

Electrical Safety: Down to the Wire (Bureau of Business Practice)L-100.07
OSHA's general industry standard on electrical safe work practices.

Electrical Safety: Avoid the Risk (Coastal) 12 MinutesL-100.08
This video program from Coastal discusses safe work practices that every electrical worker should employ in order to avoid the risk of electrical shock or electrocution. The

video also provides guidelines for working with electrical circuits, proper grounding procedures as well as controlling electricity by using proper lockout/tagout methods.

ZAP! Power Line Safety (Safety Shorts) 5 MinutesL-100.09
Power lines are like snakes, silent, but deadly. We need to be aware of power lines, above and below ground.

A Welcome Interruption – GFCI (Safety Shorts) 5 Minutes.....L-100.10
Properly used, a ground fault circuit interrupter can prevent electric shock. The basic function and use of a GFCI is explained.

Electrical Safety: Beware the Bite (Coastal) 20 MinutesL-101.02
Sudden and unexpected electrical shock is like the bite of a poisonous snake! Shows workers how to protect themselves from this controllable hazard and what to do if danger strikes.

Electrical Emergencies: Proper Response (Coastal) 13 MinutesL-101.04
Spark your workers' safety know-how with this life saving handbook. It highlights crucial information on three levels of electric shock, common causes and classifications of fire and proper first-aid measures for shock or smoke inhalation victims.
-Reducing human error when working around electricity.
-Emergency procedures
-How to extinguish electrical fires

Electrical Grounding: A Vital Precaution (Coastal) 13 Minutes.....L-101.05
Every year electrical accidents kill people performing maintenance on power lines and working in other high-voltage situations. Proper grounding techniques can save employees' lives.

Electrical High Voltage: Know the Hazards (Coastal) 28 MinutesL-101.06
Will help you comply with OSHA's electric power generation, transmission, and distribution standard and help your workers in electrical utilities operations stay safe.

Arc-Flash Safety Awareness (Coastal) 24 MinutesL-101.08

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Every day 16 workers are seriously injured in electrical accidents—some fatally. Teach your workers how to stay safe while keeping their co-workers and the workplace safe as well with the information in this program drawn from NFPA 70E. This program covers the three hazards encountered by those who work with or near electricity—electrical shock, arc flash and arc blast.

- Arc Flash: Live to Tell** (*Coastal*)
16 Minutes..... L 101.09
DVD (ENGLISH / SPANISH)
Did you know that in the extreme temperatures of an arc flash blast metal vaporizes? The sound can reach 160 decibels causing permanent severe hearing damage. Make sure your workers never experience the devastation of an arc flash explosion. This life-saving training program will bring you and your workers up to speed on the 2009 version of NFPA70E. Get the latest information on arc flash prevention, achieving an electrically safe work condition, qualified and unqualified persons, job planning and hazard analysis.

- Electrical Safety: NFPA 70E**
(*The Training Network*) **18 Minutes...L 101.10**
DVD
Every year in the United States electrical contact causes 3,600 disabling injuries and kills an average of one worker per day, making electrocution the fourth leading cause of industrial fatalities. Make sure your employees understand and can apply the strengthened safeguards in NFPA 70E that can prevent electrical injuries and deaths. This program can be used to train your employees on the hazards of working with electrical currents. Covers:
-Electrical Hazards
-Energized Equipment
-Approach Boundaries
-Personal Protective Equipment

ERGONOMICS

- In the Business World Today: Carpal Tunnel Syndrome** (*Soft Touch Productions*) **14 MinutesE-101.01**
Shows the anatomy of the hand, repetitive motion, jobs, symptoms and prevention of CTS.

- Ergonomics: Prevention of Cumulative Trauma Disorders, The** (*Video Training Source*) **20 MinutesE-101.02**
Demonstrates how to prevent CTD.
- Ergonomics: Right Fit-Buying the Right Chair, The** (*Hewlett Packard*) **4 Minutes.....E-101.03**
Unique to HP, contains good information on selecting the right chair.

- Going Through The Motions**
12 MinutesE-101.04
Discusses risk factors, prevention and treatment for repetitive motion injuries.

- Ergonomics – Practical Approach, The** (*SafetyCare*) **15 MinutesE-101.05**
The relationship between people, equipment and their physical environment. Shows how and why ergonomics is applied, human body and workspace design, static and muscle.

- Basic Ergonomics** (*Safety Shorts*)
5 MinutesE-102.02
Ergonomics--the science of matching man to machine--can affect the working conditions of every employee. This video is an introduction to this important concept.

- Repetitive Strain Injuries** (*Safety Shorts*) **5 MinutesG-101.03**
How to ease the increase of repetitive strain injuries in the workplace.

- Cumulative Trauma – Managing Cumulative Trauma** (*CLMI*).....**PER-101**

- Cumulative Trauma: Meeting the Challenge** (*CLMI*).....**PER-102**

- Ergonomics -- Your Body at Work** (*Coastal*) **20 MinutesPER-103**
The focus of this program is safe ergonomic practices. The factors that contribute to cumulative trauma disorders are discussed. Worksite analysis, low cost improvements and modifying body mechanics are illustrated.

- Ergonomics -- Your Body at Work** (*Coastal*) **20 Minutes.....PER-104** **SPANISH**

Ergosafe Module 1: Survey and Analyze (CLMI)PER-105

Ergosafe Module 2: Focus and Eliminate (CLMI)PER-106

Repetitive Work: Avoid Getting Sick Over It 5 Minutes.....PER-107

Ergonomic Programs That Work (DOL/OSHA) 21 MinutesPER-108
This 21 minute video shares valuable information and tips from two OSHA compliance officers on evaluating ergonomic programs.

Take 5 for Health and Safety -- Modules 1, 2, 3 (CLMI) 25 MinutesPER-109
This video talks about lifting, ergonomics, and stretching.

Take 5 for Health and Safety -- Modules 4, 5 (CLMI) 17 MinutesPER-110
This video talks about lifting, ergonomics, and stretching.

what to do if a co-worker is stricken by heat exhaustion, heat cramps or heat stroke.

Heat Stress: Code Red! (Coastal) 14 Minutes.....F – 101.03 – DVD Eng / Span

This program describes the differences between and the dangers of heat stress, heat stroke, heat rashes and heat cramps when working in hot, humid conditions. It covers acclimatization, hydration, proper clothing, and signs of heat fatigue.

Hypothermia and Frostbite (Video Training Source) 13 Minutes.....F-101.04
Causes and effects of hypothermia and frostbite and how to prevent and treat them.

Handling the Heat (Safety Shorts) 5 MinutesF-103.01
Heat stress is a common health and safety problem in many work places. Recognize and control heat stress.

Heat Stress: Don't Lose Your Cool (Coastal) 14 Minutes.....G-100.07
This video program provides a no-nonsense approach to heat stress and how to prevent or treat heat disorders.

Winter Safety: Hypothermia and Frostbite (Coastal) 14 MinutesPD-106
Either on the job or during recreational time, winter weather can pose special dangers to everyone. Signs, treatment and prevention of hypothermia and frostbite.

Winter Safety: Hypothermia and Frostbite (Coastal) 14 MinutesPD-107
Either on the job or during recreational time, winter weather can pose special dangers to everyone. Signs, treatment and prevention of hypothermia and frostbite.

EXTREME HEAT and COLD SAFETY

Winter Safety: Hypothermia and Frostbite (Coastal) 14 Minutes.....D-104.05
Either on the job or during recreational time, winter weather can pose special dangers to everyone. Signs, treatment and prevention of hypothermia and frostbite.

Heat Stress (Training Network, Inc.) 6 MinutesF-101.02
Explains how heat affects the body, health hazards and their symptoms, and preventative measures. Employees learn

EYE PROTECTION

In the Blink of an Eye (Prevent Blindness America) 11 Minutes.....P-101.05
Importance of eyewear that meets standards, demonstrates ANSI Z87 testing procedures and more.

Prevention of Eye Injuries, The
(*Safety Care*)P-101.07

Your Precious Eyes (Gory Story)
(*Training Network, Inc.*) 15 Minutes
.....P-101.08

Seventy percent of eye injury victims are hit with flying objects smaller than a pinhead. Make a lasting impression on your employees with graphic pictures of specific injuries. Explains glaucoma, macular degeneration, and myopia and makes recommendations for emergency preparedness.

Using PPE for Eye Safety (*Bureau of Business Practice*) 8 MinutesP-102.01
Guidelines to help employees protect themselves from painful eye injury. Assists in your effort to comply with OSHA's PPE standard. Employees will clearly understand just how important it is to use and care for the protective eyewear provided for them.

Eye Injuries (*Safety Shorts*)
5 MinutesP-103.03
This video graphically depicts injuries that can be suffered when proper eye protection is ignored.

Looking Forward To the Future (Eye Protection) (*TX Comp Fund*) 15 Minutes
.....PPT-105
Logging Industry.

FALL PREVENTION / LADDERS / SCAFFOLDING

Fall Prevention: Elevated Work Surfaces (*Altschul Group Corp.*) 21 Minutes
.....E-100.01
Aerial lifts, tower and suspended scaffolds, roofs and other elevated work surfaces. Inspection and proper set up.

Construction Fall Protection: Get Arrested (*Coastal*) 2 MinutesE-100.03
Although OSHA standard 1926.500-502 was issued several years ago, falls still kill and injure far too many construction workers. This program trains employees on the latest fall arrest equipment and safety procedures they can use to avoid accidents.

Scaffolds: Part 1 – General Requirements (*Safety Shorts*) 5 Minutes
.....E-100.06

Fall hazards, instability and overloading. Proper scaffold design and construction.

Scaffolds: Part 2 – Safe Work Practices (*Safety Shorts*) 5 Minutes
.....E-100.07

Procedures for dealing with hazards related to working with scaffolding, fall protection systems.

Slipin' and Tripin' (*Safety Shorts*)
5 MinutesE-100.08
Techniques to reduce slipping or tripping hazards.

Preventing Slips, Trips and Falls General Industry (*Comprehensive Loss Mgmt*) 17 MinutesE-100.09
Construction sites are filled with slipping and tripping hazards. Falls are the second most common cause of on the job injuries and fatalities. Find out how you can avoid trips and falls with proper housekeeping, awareness, and preventative measures.

Ladder Safety (*Safety Shorts*) 5
MinutesE-101.00
Guidelines on safe ladder use.

Fall Protection Spanish (*Long Island Productions*) 26 Minutes
.....E-101.06 SPANISH

Ladders, Poles and Scaffolds (*Long Island Productions*) 15 MinutesE-102.00

Fall Protection (*Long Island Productions*) 12 MinutesE-102.01
Comply with OSHA's 26 CFR Part 1926.503 and prevent falls. Covers environments where falls are likely, fall protection plans, PPE, housekeeping and other measures to protect against falls.

Ladder Safety (*Safety Shorts*) 5
MinutesE-102.03
Guidelines on ladder safety.

Falls (*Safety Shorts*) 5 Minutes
.....E-102.04

Falls are one of the most common types of accidents, yet one of the easiest to prevent. This video examines the causes of falls and lists a few ways they can be avoided.

Thinking About Fall Protection (*DBI SALA*) 20 Minutes (*VHS*)E-102.05

Thinking About Fall Protection (*DBI SALA*) 20 Minutes.....E-102.05 DVD / SPANISH

Fall Protection (*Training Network, Inc.*) 20 MinutesE-102.06
Comply with OSHA's 29 CFR Part 1926 Subpart M. Includes training on all seven required areas. The nature of fall hazards on the jobsite: erecting, maintaining, disassembling and inspecting; review of several safety systems; employee's role in safety monitoring systems; mechanical equipment limitations; handling and storage of equipment/materials; role of employees in fall protection plans.

Short Ladders (*Safety Shorts*) 5 Minutes.....E-102.07
Neglecting ladder safety is like playing chess with the Grim Reaper. Not being aware of hazards associated with ladders can put an end to the game and your life.

Fall Protection (*Summit Training Source, INC.*) 12 Minutes..... E-102.08 SPANISH

Scaffolding Safety and Training (*Long Island Productions*) 18 MinutesE-103.00
Comply with the updated OSHA Standard 1926.450 by learning who and what it covers: selection and erection requirements, capacity platform construction, supported and suspension scaffolds.

Scaffolding Safety (*Safety Shorts*) 5 MinutesE-103.01
Falls from scaffolding cause hundreds of deaths each year. Proper safety procedures when working on scaffolds are illustrated.

Scaffolding Safety – Erecting & Dismantling (*Summit Training Source, Inc.*)

20 Minutes..... E-103.02 DVD

Slipin' and Slidin' (*Safety Shorts*) 5 Minutes.....H-102.06
Slipping hazards posed by Mother Nature.

Construction Stairways and Ladders (*Coastal*) 10 Minutes.....PE-101
In construction, the risks are high and safety standards must not come crashing down. Before your employees step on that stairway or ladder, they must review the crucial safety precautions in this program.
-Proper setup and use
-Inspection and maintenance
-Constructing safe ladders and stairways

Safety Monitor System –Roofing Industry (*Workers Comp Board*) 11 MinutesPE-102

Scaffolds: Safety at All Levels (*Coastal*) 18 Minutes.....PE-103

Stairways and Ladders: The First Step (*Coastal*) 18 MinutesPE-104

Stationary Scaffolds (*Coastal*) 11 MinutesPE-105

Step Right Up (*Film Com*).....PE-106

Suspension Scaffolds in Construction (*Coastal*) 10 Minutes ...PE-107
Fifty people die and 4,500 more are grievously injured because of scaffolding accidents. Don't let your employees be counted among the stats. Make sure that they are highly skilled with the safe use of suspension scaffolds.
-Scaffold assembly
-Competence training
-Hazards
-Safe work practices

Walking and Working Surfaces: Watch Your Step (*Coastal*) 28 MinutesPE-108
Walking and working on surfaces can be a rough experience, as slips, trips, and falls can occur anytime. But through this important program, you can polish off your safety standards on various walking and working surfaces. This program also helps

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you comply with OSHA's proposed 1910 Subpart I.
-Ramps
-Scaffolds
-Platforms

Fall Protection: What's Required and Beyond (*Coastal*) **21 Minutes**PE-109
As of February 6, 1995, fall protection is required whenever employees are potentially exposed to falls from six feet or greater. This video program shows supervisors and employees various approaches to achieving 100 percent fall protection under the Revised Subpart M ruling.

Fall Prevention: Avoiding Slips and Falls (*Westcott*) **18 Minutes**PE-110
Awareness training for avoiding slips and falls in industry and offices.

Thinking About Fall Protection (*DBI SALA*) **20 Minutes**.....PE-111 DVD / VHS

FIRE PREVENTION

Classes of Fires and Fire Extinguishers (*NUS Training Corp.*) **12 Minutes**F-100.01
Describes four basic classes of fires and extinguishers needed to control each type.

Closed Containers and Fire (*Fire Services Extension of Iowa State University*) **30 Minutes**F-100.02
Demonstrates hazards of fires in closed flammable storage tanks and containers.

Fire Protection Systems (*NUS Training Corp.*) **12 Minutes**F-100.03
How they operate and safeguards for reentering area after system has discharged.

Using Fire Extinguishers (*NUS Training Corp.*) **15 Minutes**F-100.04
Shows experienced firefighters demonstrating the safe use of extinguishers.

Fire Extinguisher Safety (*BBP*)F-100.06
Proper uses of fire extinguishers, types of fires, correct response procedures explained and demonstrated.

Fire Protection and Electrical Safety (*Long Island Productions*) **9 Minutes**F-100.07
Excellent for new or experienced employees. Covers fire extinguishers, sprinklers, housekeeping, chemicals, cords, receptacles and electrical safety.

Fire Extinguisher - Fire Prevention (*Training Network, Inc.*).....F-100.08
Give employees in-depth knowledge of fire extinguisher types, including new Water Mist to replace Halon, and how to properly use them.

Fire Extinguisher - Fire Prevention (*Training Network, Inc*) **17 Minutes**F-100.09 SPANISH

First Line of Defense, The -- Fire Extinguishers (*Safety Shorts*) **5 Minutes**F-105.01
Fire is a potential hazard in almost any workplace. This video examines the basic types of fire extinguishers and reviews their proper use and maintenance.

Preventing Office Fires (*Safety Shorts*) **5 Minutes**F-105.05
At the office, we tend to overlook fire hazards until it's too late. In this video the firebug reminds us to be aware of this danger.

Fire Prevention (*Safety Shorts*) **5 Minutes**F-105.06
There is a mass murderer on the loose. It's name is FIRE. This video shows how fire prevention gives you the power to stop the monster.

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- First Few Minutes, The** (*Safety Shorts*)
5 Minutes**F-105.08**
When an office fire strikes, every second counts. This video emphasizes the importance of proper planning and knowledge of safety procedures in case of fire.
- Fire Safety: Everyone's Job** (*Bureau of Business*)**PF-101**
- Fire Safety: There's No Second Chance** (*Coastal*) **20 Minutes****PF-102**
- Fire Safety: There's No Second Chance**(*Coastal*) **20 Minutes****PF-103 SPANISH**
- Fire Extinguishers** (*CLMI*)
4 Minutes.....**PF-104**

- First Aid in the Woods** (*Texas Workers Comp*) **15 Minutes****PFA-101**
- First Aid on the Job: Initial Response** (*Coastal*) **26 Minutes****PFA-102**
This video program is designed specifically for those who may not be first-aid certified, but may be the first on the scene of an accident.
- First Aid on the Job: Initial Response** (*Coastal*) **26 Minutes****PFA-103 SPANISH**
- Anchorage: Make the Connection** (*Coastal*) **17 Minutes****PG-101**
Unfortunately, even the best fall protection is useless without proper anchorage. This program will help employees hook up correctly and covers parts of OSHA's Personal Fall Arrest System (1910.66 app C and 1926 subpart M App C) standard.
-Guidelines for safe hook-up
-General rules for identifying anchorage points
- Take Care** (*American Media*)**PG-102**

FIRST AID / EMERGENCY CARE

- Self-Help Heimlich** (*Safety Shorts*)
5 Minutes**F-105.02**
Using the Heimlich maneuver, you can save the life of a choking victim--even when the victim is you. This video describes how to self-administer this life-saving procedure.
- Heimlich Maneuver, The** (*Safety Shorts*) **5 Minutes****F-105.07**
Properly performed, the Heimlich maneuver can save the life of a choking victim. This video outlines the proper way to administer the Heimlich Maneuver.
- A Shock to the System** (*Safety Shorts*)
5 Minutes**F-105.09**
The systemic shock that often accompanies a serious injury can be as deadly as the injury itself. The symptoms of shock and proper treatment are demonstrated.

FORKLIFT

- Forklift Safety: Real Life** (*Coastal*)
16 Minutes**F-102.03**
- Safety and Forklifts** (*Safety Care Services*) **15 Minutes****F-102.05**
Sound work practices, pre-operation checks, working together and communications.
- Color of Safety, The** (*Barr Films*)
27 Minutes**F-102.06**
Shows drivers how to inspect forklift trucks and prevent accidents.
- Great Betrayal, The** (*Clark*) **27 Minutes****F-102.07**

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Futuristic and comical delivery of a forklift safety training session in progress. How to prevent fork truck accidents.

Great Deception, The (Clark)
27 MinutesF-102.08
Death of a lift truck operator prompts discussion of lift truck design and proper operating procedures.

Forklift Operations: Carry the Load (Coastal) **18 MinutesF-102.09**
DVD (ENGLISH / SPANISH)
Every forklift, every situation and every load is different and the risk of an accident is present. This program emphasizes the importance of these safety elements and teaches your forklift operators how to handle:
-Surface conditions
-Various loads and stability
-Proper load manipulation
-Stacking and unstacking
-Vehicle and pedestrian traffic

Forklift Fundamentals: Get the Facts (Coastal) **17 MinutesF-102.10**
DVD / (ENGLISH / SPANISH)
This program will familiarize your workers with the basics of safe forklift practices and will help your company comply with OSHA's Powered Industrial Truck Standard (1910.78). It covers:
-Powered Industrial trucks
-Power plant inspections
-Equipment inspections

Forklift Safety (Safety Shorts) **5 MinutesF-103.00**
Follow a checklist to ensure forklift safety.

Forklift 2000 (Long Island Productions) **50 MinutesF-104.00**
Provides all the academic training requirements for the new OSHA standard. Includes engineering, technical information, tipovers/turnovers, operating rules, operator maintenance and much more.

Forklift Update Training for Experienced Operators (Long Island Productions) **16 MinutesF-104.01**
Train experienced and previously certified operators in the new rules. Covers primary engineering principles and new technical

information required under the new OSHA standard.

Forklift Safety OSHA Final Rule (Long Island Productions) **27 Minutes English or Spanish Available.....F-104.02**
A complete breakdown of OSHA safety regulations: fulcrum load centers and stability triangle, safe operating procedures, techniques, rules.

Forklift Mechanic Safety (Long Island Productions) **18 Minutes.....F-104.03**

Forklift Basics: Safe From The Start (Coastal) **22 Minutes...F-104.04**
DVD Eng / Span
This program provides details on the powered industrial truck, from the way it's constructed to the way it works. It will help your operators understand the factors that affect forklift balance and maneuverability.

Forklift Maneuvers: All The Right Moves (Coastal) **26 MinutesF-104.05**
This program reviews the most important forklift safety issues—from operating conditions to load manipulation. With this important information, your drivers will be equipped to operate safely and avoid accidents.

Driving in Dangerous Conditions – Forklifts **14 MinutesPCH-105**
Ironworkers safety module.

Forklift Safety: Inspection **15 MinutesPCH-106**

General Safety

Just Another Day (Coastal) **20 Minutes..... A - 100.06**
DVD (ENGLISH / SPANISH)
Are your veteran employees getting complacent about safety? Do they skip safety procedures at times assuming that since they've done something dozens of times, they can skip them without consequences? Stop this mindset from

taking hold with Just Another Day – Coastal’s new hazard recognition training program developed especially for the experienced worker. Your employees will keep score as they follow the five main characters through a typical work day. Count how many hazards they miss as they encounter one risky solution after another until the sobering ending. Just Another Day will show your workers:
 -The importance of staying focused
 -The danger of becoming distracted
 -Why the proper use of PPE is essential
 -The risks of getting complacent
 -Why safety procedures must be followed at all times.

Safety Attitudes: Food For Thought (*Coastal*) **15 Minutes****A-100.13**
 Accident prevention.

Accidents: “It Can’t Happen to Me” (*Long Island Productions*) **10 Minutes****D-100.05**
 Are your employees aware that human life is fragile? Remind them bad luck plays no part in accidents. (General workplace safety practices—not necessarily driving.)

Dancing Alone (*NSC*) **11 Minutes****E-100.02**
 Effect of the loss of workers life as a result of an on-the-job fall on friends and family.

Dog Bite Safety (*Video Training Source*) **14 Minutes****F-101.01**
 Positive ways to avoid dog bites on the job.

Dealing with Doggie Dangers (*Safety Shorts*) **5 Minutes****F-105.03**
 For many people, dog attacks are an occupational hazard. This video takes you on an "urban safari" to show how to avoid being dogged by the dogs.

Understanding Hazards and Risks (*SafetyCare USA*) **15 Minutes****G-100.05**
 Illustrates importance of organization to identify all present hazards, organization to implement satisfactory control measures, and personnel commitment level to accept rules and regulations.

Safety in Unfamiliar Places (*Safety Shorts*) **5 Minutes****G-100.09**

This video shows that just because a new workplace is unfamiliar, it does not have to be unsafe.

Compressed Gas Cylinders (*JJ Keller*) **12 Minutes****G-101.00**

Handling Gas Cylinders (*Safety Shorts*) **5 Minutes****G-101.01**
 Many workers often ignore safety around gas cylinders. The potential dangers of these “gas torpedoes” warrant safety precautions.

Just Horsing Around (*Safety Shorts*) **5 Minutes****G-101.02**
 Joking around on the job is no laughing matter, as this Safety Shorts video shows.

Destination Safety (*Safety Shorts*) **5 Minutes****G-101.05**
 A safe workplace begins with safety conscious employees. In this Safety Shorts video, gumshoe detective Joe Entrencher solves a case of increased accidents at the Acme Companies.

Off the Job Safety (*NSC*) **4 Minutes****H-102.02**
 Safety rules at home as well as at work.

Choice is Yours, The (*NSC*) **12 Minutes****H-102.03**
 Educates small boat owners about the use of life jackets.

Safe Ride, A (*NSC*) **12 Minutes****H-103.01**
 A portfolio of educational pieces for the riding public intended to increase awareness of the safe and proper way to ride elevators, escalators and moving walks.

Compressed Air Safety**P-104.00**

Delivering Exceptional Value – Propane (*Propane Educ. and Res. Council*) **110 Minutes****PD-111**

Housekeeping: It Ain't Like the Movies **15 Minutes****PHR-104 SPANISH**

It's The Little Things That Get You (NSC) 14 Minutes.....M-100.03
Humorous approach to housekeeping for employees and line supervisors.

Judge, Jury and Executioner (Safety Shorts) 5 MinutesM-101.09
Ignoring the potential for having an accident can be a deadly mistake. This video illustrates the importance of keeping safety in mind--at all times.

Warehouse Safety (Coastal) 22 MinutesM-101.10
This program teaches the most common hazards in warehouses and how to correct them.

Redundant Redundancy (Safety Shorts) 5 MinutesM-102.01
In this video a mysterious stranger foretells accidents that never happened because redundant safety measures are used to prevent disaster.

Willing and Able (Safety Shorts)M-102.02
The Americans with Disabilities Act is tearing down walls for Americans with differing abilities. This video shows how the ADA affects you and 43 million lives.

Working Together (Safety Shorts) 5 MinutesM-102.03
The Americans with Disabilities Act is bringing new people into the workforce. This video offers tips on how the abled and disabled can work together.

Conflict Communication Skills 14 MinutesS-101.02
For companies of all sizes and industries. This covers communication problems between employees, customers, and supervisors.

There's No Magic To Safety (Safety Shorts) 5 Minutes.....S-102.03
There is no magic in safety. It is the employee's responsibility to help assure success of a company's safety program.

HAND, FOOT BODY PROTECTION

Personal Protection (NSC) 10 MinutesP-100.04
Focuses on personal protective equipment, entering and exiting trenches, safety zones and the use of electrical tools and ladders.

Personal Protective Equipment (Video Training Source) 19 MinutesP-100.05
Tells how to choose PPE, fitting, maintenance and care from helmets to boots.

Protective Equipment (Safety Shorts) 5 MinutesP-101.03
Personal protective gear—hard hats, goggles, gloves and other equipment—does no good if it isn't worn. This video emphasizes the importance of dressing for safety.

Dress Safe (Safety Shorts) 5 MinutesP-101.04
Dress safe and sensibly, be aware that jewelry, loose clothing and long hair can put you at risk when operating or working near equipment in the office and in a plant.

PPE Essentials (Vocam) 24 Minutes.....P-101.09 DVD
Health and Safety research indicates that failure of personnel to wear PPE, use PPE properly and use compatible PPE results in accidents and fatalities that cost organizations and the community over \$1 billion per year. This high impact DVD will help ensure that personnel at your workplace wear their PPE and use it properly. This DVD is the A-Z of PPE safety. Topics covered in PPE Essentials:

- Types of PPE (A-Z)
- Risk Control
- Maintenance and Storage

Protecting Your Hands (Bureau of Business Practice) 7 MinutesP-102.00
The revised PPE standard places greater responsibility on employers to evaluate hazards, choose the right PPE, and train employees in PPE use. Stresses the importance of being aware of and avoiding

hand hazards, and wearing the proper hand PPE. Donated by Ralston Purina Company.

Myths about PPEP-102.03
Reviews the myths that employees may hold about PPE and reveals the flaws in these beliefs. Reinforces the importance of wearing the required PPE at all times.

Hand Protections: Lessons for a Lifetime (*Long Island Productions*) 22 MinutesP-102.08
This program features workers who recount their experiences with hand injuries. Very motivational!

A Foot Closer To Safety (*Safety Shorts*) 5 MinutesP-102.09
A worker's feet are two of his most important tools. This video illustrates the necessity of proper foot protection and highlights the basic types of safety shoes.

Where are your Hands? (*Safety Shorts*) 5 MinutesP-103.01
Hand injuries account for a major portion of on-the-job accidents in today's workplace. This video outlines the do's and don't's of hand safety.

Murder on Your Hands (*Safety Shorts*) 5 MinutesP-103.05
Hand injuries account for nearly one-third of all workplace accidents. This video parodies a 1940's detective movie to emphasize the need for proper hand protection.

Hand Safety: It's In Your Hands (*Coastal*) 20 Minutes.....P-103.06 – DVD Eng / Span
This program takes a look at common workplace hazards your workers face and how to prevent hand injuries that may be caused by them. It covers wearing the right hand protection, using machine guards, using the right tool for the task, keeping equipment in proper working order, taking good care of gloves.

Safety First – PPE Hazard Assessment (*Coastal*) 12 Minutes...PPT-111

Use Your Head: Hard Hats and Hearing Protection (*TX Workers Comp Fund*)PPT-112

HAZCOM / CHEMICAL SAFETY

Airborne Contaminants Monitor (*Long Island Productions*) 10 MinutesG-100.00
Measuring: direct reading vs. lab analysis, advantages/limitations of on-site readings, four types, purposes and information derived, personal monitoring and exposure variables.

Biological and Chemical Threats (*Coastal*) 17 Minutes.....G-100.06
This video shows the biological and chemical threats that exist in our world today.

Chemical Safety (*Industrial Training, Inc.*) 21 MinutesH-100.01
Health hazards of chemicals, OSHA-required labeling and MSDS.

Chemical Handling: Corrosives (*Coastal*) 12 MinutesH-100.02
This program teaches how to recognize, use, and handle corrosive materials safely. It covers
-Identification and classification
-Solids, liquids and gases
-Emergency procedures
-Storage and handling

Waste Minimization: It's Everyone's Job (*NUS Training Corp.*) 12 MinutesH-100.06
Shows how to apply practical waste minimization techniques.

What's Wrong With This Picture? (*Aurora Pictures*) 17 Minutes.....H-100.07
HazCom Standard, Right to Know, physical and health hazards, label information and MSDS.

What's Wrong With This Picture? (II) (*Safety-Kleen*) 10 MinutesH-100.08

Signs, Labels and MSDS: What You Need to Know (*Bureau of Business Practice*) **8 Minutes****H-101.00**
Reinforces the importance of continually using these resources to keep employees safe.

Your Right to Know: Understanding the Hazard Communication Standard (*Bureau of Business Practice*) **7 Minutes****H-101.01**

Explains OSHA'S Chemical Hazard Communication standard. Donated by A. G. Wassenaar, Inc.

Informed and Safe: Implementing HazCom (*Bureau of Business Practice*) **H-101.02**
Basics of hazcom compliance, proactive roles.

Asbestos Awareness (*Long Island Productions*) **14 Minutes****H-101.03**

Employee's "Right to Know": Hazardous Materials Program, The (*Safety-Kleen*)**H-101.04**

Asbestosis (*Safety Shorts*) **5 Minutes****H-101.05**
Breathing asbestos fibers can lead to a life-threatening condition known as asbestosis. The importance of wearing proper protective gear is shown.

Invisible Killer – Carbon Monoxide, The (*Safety Shorts*) **5 Minutes****H-101.06**
Carbon Monoxide in the workplace is an invisible killer that strikes without warning. Learn to recognize its symptoms and first aid procedures to help anyone overcome.

Chlorine: Treat with Respect (*Coastal*) **26 Minutes****H-101.07**
Outlines chlorine hazards and discusses exposure prevention: personal protection/ first aid; storage, handling and transportation; spills, leaks, fires, and explosions.

Lead in Paint Can Be Deadly (*Safety Shorts*) **5 Minutes****H-101.08**
Lead in house paint is an often unrecognized danger to adults and young

children. Be aware of the dangers and how to avoid them.

The Skin Game (*Safety Shorts*) **5 Minutes****H-101.09**
Skin problems account for 75% of all job-related diseases. This parody of a live TV football broadcast humorously illustrates basic procedures in preventing dermatitis.

Hexavalent Chromium Awareness (*Coastal*) **17 Minutes****H-101.10**
Workers who are exposed to Hexavalent Chromium are at risk for lung cancer, permanent eye damage, and skin ulcerations. Protect your workers and comply with the new OSHA 1910.1026 for general industry and 1926.1126 for construction.

Spill Prevention & Control: Insuring a Safer World (*Coastal*) **16 Minutes...H – 101.11 DVD Eng / Span**
This program describes the Federal guidelines for Spill Prevention, Control and Countermeasures or SPCC which requires companies to have approved safeguards and procedures in place to prevent any discharge of oil into navigable waters or adjoining shorelines. This program covers: what SPCC considers to be "oil", defines SPCC, who is covered, SPCC requirements, prevention, control and countermeasures.

Pesticide—Primer (*Safety Shorts*) **5 Minutes****H-102.09**
Pesticides are all around us, in the air, on the ground, even in our food. This video shows what you can do to reduce your exposure to pesticides and their possible effects.

Hazard Communications the New Millennium (*Long Island Productions*) **26 Minutes****H-105.00**
Up-to-date information provides compliance for 1910.1200 written and training requirements. Make sure employees have the essential knowledge necessary to work safely with chemicals.

Hazard Communication 2000 – (*Long Island Productions*) **30 Minutes****H-105.01 SPANISH**

10 Steps to Chemical Safety (*Bureau of Business Practice*)**P-102.05**
Importance of paying attention to warning signs, proper PPE, read all labels carefully, and more.

Asbestos Awareness: Are You at Risk (*Coastal*) **23 Minutes****PH-101**
Take the heat out of asbestos-related dangers with this best-selling program. It introduces facts on asbestos use and discusses OSHA's Asbestos Standards (1910.1001 and 1926.1101)
-The three forms of asbestos
-Adverse health effects
-Where asbestos can be found
-Hazard communication
-Personal protection
-Housekeeping requirements

Chemical Handling (Solvents) (*Coastal*) **12 Minutes****PH-102**
Solvents are tricky, and if handled improperly, can cause dangerous accidents. But with this program, your employees will gain knowledge about solvents, including preparation and good work practices. This way, not only will your company get the most out of solvents but you also ensure everyone's safety.
-Common solvents
-Protecting yourself

OSHA Lead Standards Retraining (*Long Island Productions*) **14 Minutes****PH-104**

OSHA Lead Standards Retraining (*Long Island Productions*) **14 Minutes****PH-105 SPANISH**

Working with Lead Exposure (*Long Island Productions*) **20 Minutes****PH-106**

Mold Awareness (*Coastal*) **14 Minutes****S-100.10**
Molds are literally everywhere. Many are harmless, but some can cause flu-like symptoms, nasal stuffiness, eye irritation and wheezing. They may be tiny, but molds pose big risks. Examine the basic facts on this substance-what it is, how it grows, what it looks like, its symptoms – and find out the ways to reduce or eliminate its formations indoors.
-What is mold?

-How is it spread in your facility?
-How can you reduce it?
-Who should avoid exposure?
-What should you do if you see mold?

HAZWOPER

HazWoper Part 1 – Training and Information (*Safety Shorts*) **5 Minutes****E-100.04**
Exposure to hazardous substances, including hazardous waste.

HazWoper Part 2 – Hazard Identification and Control (*Safety Shorts*) **5 Minutes****E-100.05**
Requirements for identification and control of safety and health hazards at hazardous work sites.

Laws and Regulations (*Long Island Productions*) **8 Minutes****G-100.03**
Video illustrates laws regarding environment and human health. Includes seven laws relating to HAZWOPER training. Includes Air and Water Acts, Superfund, RCRA, SARA and more.

Hazardous Waste Operations (*Coastal*) **24 Minutes****H-100.03**
Explains OSHA Haz Waste Operations and Emergency Response regulations.

HAZWOPER: S.T.E.P. Safety Training (*Long Island Productions*) **9 Minutes** ..**H-104.00**
Importance of accident and illness prevention, and communication of job hazards, management/employee safety responsibility, definition of HAZWOPER.

MSDS: Read It Before You Need It (*Coastal*) **20 Minutes** **H-105.02**
The MSDS is a complex document, an essential tool to monitor chemical use and avoid accidents. With this award winning program, be confident that your employees understand the ins and outs of the MSDS. The training includes information on:
-Exposure situations
-Toxicology, ecology and disposal.

To Order, CSA members, please call 303-373-1937 or email frontdesk@coloradosafety.org. Pinnacol members contact Pinnacol Assurance – Loss Control Department.

- Learn from their Mistakes** (*Coastal*)
19 Minutes**PM-112**
 You have some hazardous materials and/or hazardous waste on-site. But if a leak takes place, would all your employees know what to do? Would the first person on the accident scene be able to alert others to crucial problems and keep everyone safe? In this incredible program, employees will gain stronger awareness of proper precautions as they review HAZCOM procedures:
 -Warning labels
 -MSDS
 -Personal protective equipment
 -Emergency response

HEARING CONSERVATION

- Hearing Conservation and Safety** (*Training Network, Inc.*) **25 Minutes****P-100.02**
 Explains ear anatomy, hearing problems and safety practices to prevent hearing damage.
- Hearing Conservation** (*Training Network, Inc.*) **11 Minutes****P-100.03 SPANISH**
 Provide required training/annual retraining and increased awareness of noise as a hazard. Encourage employees to take personal responsibility!
- Sorry, I Didn't Hear That** (*Safety Shorts*) **5 Minutes**.....**P-101.02**
 Noise at the worksite can impair our hearing. The video examines just how severe the threat is and how we spend much of our time at work.
- It's a Noisy World** (*KN Production*) **12 Minutes****P-101.06**
- It's a Noisy World -** (*KN Production*) **12 Minutes****P-101.06 SPANISH**
- WHAT...?! Protect Your Hearing** (*The Training Network*) **13 Minutes**...**P – 101.11 (DVD)**
 Hearing loss caused by noise is dangerous and permanent. It decreases employee efficiency at work. Protect your employees

by preserving their hearing with this comprehensive video on hearing loss. This program's upbeat approach will keep your employees tuned into how they can protect themselves and their ears.

- Hearing Conservation: A Refresher Program** (*The Training Network*) **18 Minutes**.....**P - 101.12 (DVD)**
 Considering the fact that virtually all types of hearing injuries can result in hearing loss it is important to keep your employees up-to-date on proper hearing conservation safety. This video will provide your employees with the information they need to refresh their knowledge of OSHA's hearing regulation. Topics covered include: How our ears work, common types and causes of hearing damage/loss, noise avoidance and hearing safety practices, selection and use of personal protective equipment.
- Hearing the Good things in Life** (*Safety Shorts*) **5 Minutes****P-103.00**
 Although preventable, many industrial workers suffer long-term hearing loss. This Safety Shorts video humorously points out that wearing proper hearing protection is "sound" advice.
- Hear Today Gone Tomorrow (Hearing Conservation)** (*ITSC*) **12 Minutes****PPT-104**

LOCKOUT / TAGOUT

- Lockout/Tagout** (*Coastal*) **27 Minutes****L-100.02**
 Shows how to comply with OSHA's 1990 lockout/tagout standard.
- Lockout Procedure** (*Safety Care*) **5 Minutes****L-100.04**
 Lockout procedures are shown.
- Tag, You're It** (*Safety Shorts*) **5 Minutes****L-100.05**
 Lockout/tagout procedures are shown.

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Lockout/Tagout-You Hold the Key
(Bureau of Business Practice)L-100.06
 Your employees will learn the requirements of OSHA's lockout/tagout standard.

Lockout/Tagout Safety Training
(Long Island Productions) 15 Minutes
L-101.00
 Meets 29 CFR 1910.147 requirements. Demonstrates correct lockout/tagout procedures from shutdown to start-up, with scenes from workplace environments.

Lockout/Tagout: Your Key To Safety
(Training Network, Inc.) 20 Minutes
L-101.01
 Give your employees the life-saving information they need to help prevent injuries and comply with OSHA reg. 1910.147 requirements. Avoid the high costs of poor safety records, OSHA fines and lost productivity. Covers shutdown, isolating equipment, and company procedures.

Lockout/Tagout: Lightning in a Bottle *(Coastal)* 15 Minutes DVD Eng / Span
L-101.07
 Fatal injuries occur in workplaces when hazardous energy is released and lockout/tagout procedures are not in place. Don't let that happen in your workplace. Use this vital program to train your workers on the proper lockout/tagout procedures.

Construction Lockout/Tagout (Hard Hat Safety Series) *(Coastal)* 10 Minutes
PCH-104
 During maintenance or servicing, equipment can suddenly operate and cause needless accidents. Lock out this possibility with the six easy safety steps outlined in this program.
 -How lockout/tagout systems operate
 -When to use lockout/tagout procedures
 -Six steps required in lockout/tagout process.

MOTOR VEHICLE SAFETY

Air Bags Now *(Insurance Institute for Highway Safety)* 10 MinutesD-100.01
 Graphic demonstration of the value of air bags in frontal crashes.

A Most Dangerous Place *(Dowell)*
 14 MinutesD-100.02
 Dangers of intersections and appropriate precautions.

Ask Any Dummy – Seat Belts Make Sense *(Long Island Productions)* 18 Minutes
D-100.04

CDL: Pre-trip Inspection Test *(Buckley Productions, Inc.)* 29 Minutes
D-100.06
 Review of pre-trip inspection test required for Commercial Driving License.

City Driving Tactics *(Long Island Productions)* 19 MinutesD-100.08

Drinking and Driving *(WETA)*
 58 MinutesD-100.09
 Presents cases involving drivers convicted of DUI's and vehicular manslaughter.

Drunk and Deadly *(HBO)* 60 Minutes
D-100.10
 Interviews with people whose loved ones were killed by drunken drivers.

Faces in Crashes *(Insurance Institute for Highway Safety)* 10 MinutesD-100.11
 Shows how facial injuries occur in car crashes when seat belts are not worn.

Helmet Laws: Whose Freedom?
(Insurance Institute for Highway Safety)
 8 MinutesD-100.13
 Shows brain damage in a man who had a motorcycle accident without a helmet on.

Winter Driving *(Safety Shorts)* 5
 MinutesD-100.14
 How to drive safely and confidently on ice and snow.

Room to Live *(The Media Group)*
 28 MinutesD-100.16
 A state trooper describes accidents to refute common objections to wearing seat belts.

Highway to the Winter Zone *(Colorado Dept. of Transportation)*
 9 MinutesD-100.17
 Millions of motorists face the challenges of winter driving each year, and their travels

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are made easier with the help of snowplows. Still, drivers must take added safety precautions to weather the winter storms.

Safe Driving in Hazardous Conditions (*Tel-a-Train*) 17 MinutesD-100.18

Safe driving in rain, sleet, and fog.

Small Price to Pay 23 MinutesD-100.19

Incentives and rewards to encourage the use of seatbelts.

Take a Crash Course in Belts and Bags (*Traffic Safety Now*) 10 MinutesD-100.20

A review of the purpose and proper use of airbags and seat belts.

Right Distance, The (*Dowell*) 5 MinutesD-100.21

Safe following distance to prevent rear-end collisions.

Lines, Signs and Roadway Skills (*NSC*).....D-100.30

Increase drivers' understanding/observance of road signs/markings with advanced rules of the road.

Some Laws Can't Be Broken (*NSC*) 17 MinutesD-100.31

Save lives, use seat belts, infant/child restraints.

Hidden Danger, Low Water Crossings, The (*The National Weather Service*)D-100.33

How to handle water crossing, with pamphlets.

Car Phone Safety (*NSC*) 15 MinutesD-100.34

It is difficult to apply safe driving principles while talking on the phone.

Driving Distractions of the Professional Driver (*Wumbus*) 17 MinutesD-100.36

Distractions of the Professional Driver are more complex and tend to differ from day to day. Common distractions such as clipboards, work orders, two-way radios, on board computers, maps, directions, finding an address in traffic as well as the more

common types of distractions such as cell phone, GPS device and pedestrians are skillfully addressed in this video.

Backing, Parking and Intersections (*Wumbus*) 13 MinutesD-100.37

This video explains why 30% of most accidents are related to backing up. It addresses this problem by providing some really solid techniques on backing safely to reduce and avoid those types of accidents and their related issues.

Backing Up (*Safety Shorts*) 5 Minutes.....D-100.38

Safely backing up trucks, trailers, and other vehicles can be a challenging task requiring more than a little skill. Every year there are many accidents resulting in injury and damage due to carelessness when backing vehicles.

Utility Driver Safety: Road Rules (*American Water Works Association*) 15 MinutesD-100.39

Driven to Distraction (*Coastal*) 16 Minutes...D – 100.40 DVD – Eng / Span

The first in our Safe Driving series, this is a powerful program about the everyday distractions we allow to enter our vehicles. From the perspective of the main character, IM, we'll see two lives that are snuffed out because of the distractions they allowed to control them. At the end of the program, participants should; understand how distractions affect our driving, know what the common distractions are, realize the importance of eliminating distractions, know they are responsible.

Traveling Alone in America (*Film Ideas, Inc.*) 34 MinutesD-101.00

Safety for women traveling alone.

Road Rage: How to Protect Yourself (*National Safety Council*) 15 MinutesD-101.01

This video presentation covers the rationale for keeping cool, calm and controlled in today's stressful and potentially dangerous driving environment.

Watch Your Load (*Safety Shorts*) 5 Minutes.....D-101.02

Loose items inside a vehicle can become deadly projectiles during an accident or

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sudden stops. This video illustrates the dangers of unrestrained cargo.

Look, Listen and Live (*Safety Shorts*) **5 Minutes**.....**D-101.03**
Can a company truck or private vehicle win a face-off with a 100 car train? This and other questions about railroad crossing safety are answered in this video that every person who drives should see.

Driving Defensively I (*Safety Shorts*) **5 Minutes**.....**D-101.04**
Workers are reminded of dangers in daily driving routines and offers defensive driving principles.

Driving Defensively II (*Safety Shorts*) **5 Minutes**.....**D-101.05**
Part two, which explains more ways in which we can prevent accidents by driving defensively.

Defensive Driving, Part II: Strategies (*Safety Shorts*) **5 Minutes****D-101.06**
Hazardous traffic situations may be created by adverse weather or by unskilled or careless drivers. Learn to protect yourself from these hazards by driving defensively.

Disabled Vehicle Safety (*Long Island Productions*) **16 Minutes**.....**D-102.00**
Pre-trip inspection, emergency equipment, disabled vehicle: roadside safety, notification, accidents, truck fires: causes and possible actions.

Pre-Trip Vehicle Inspection for the Truck Industry (*Long Island Productions*) **9 Minutes**.....**D-102.01**
Noting hazards in environment, on/off engine compartment inspection, walk-around checklist, accident equipment inspection.

DDC Taming the Winter Road (*NSC*) **11 Minutes****D-103.00**
Steer your rig in this direction for winter driving hints and safety procedures. Collision prevention topics include: pre-trip inspection, maneuvering through skids, and handling a jack.

Night Driving (*Safety Shorts*) **5 Minutes****D-103.01**
At night, driving even familiar streets and highways can become more difficult and dangerous. Safety tips for nighttime driving are shown.

City Driving (*Safety Shorts*) **5 Minutes****D-103.02**
You face many distractions and hazards while driving in the city. Sometimes the distractions become the hazards. Driving in the city requires your full attention.

Good Driving Is an Attitude (*Safety Shorts*) **5 Minutes**.....**D-103.03**
Driving safety is a conscious effort and good driving begins with a good attitude.

Moment of Impact, The (*Safety Shorts*) **5 Minutes**.....**D-103.04**
Automobile accidents cause nearly half of all accidental deaths in the US. This video shows you what to do after an accident to make the best of a bad situation.

Hapless Hal's Roadside Safety (*Safety Shorts*) **5 Minutes****D-103.05**
An unexpected mechanical problem can be a headache and a real danger. A step-by-step approach in dealing with automobile trouble and preventative maintenance are shown.

Winter Driving Tactics (*Long Island Productions*) **15 Minutes**.....**D-104.00**
Winter driving experts from the Alaska police give detailed advice on preventing winter accidents, including testimonials from drivers involved in them.

Winter Driving Techniques (*Long Island Productions*) **8 Minutes****D-104.01**
Preventing winter driving accidents by simple safety precautions. This "how to" video discusses techniques for negotiating hills, handling skids, getting vehicles out of snow and avoiding collisions.

Winter Driving – Icy Road Ahead (*Long Island Productions*) **23 Minutes****D-104.02**
Ensure your drivers prepare their vehicles for bad weather and know how to negotiate

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poor conditions safely. Discusses preparation of a vehicle for winter.

Winter Driving Tactics Update (*Long Island Productions*) **14 Minutes****D-104.03**
Driving safely in wintery conditions requires planning, awareness of safety hazards and specific safe driving methods. Covers safe driving techniques and more.

Winter Driving Safety (*Long Island Productions*) **18 Minutes**.....**D-104.04**
Makes sure employees know how to drive safely in winter weather – certain rules need to be followed: Procedures for being stuck in snow/ice.

Flagging, You're the Director (*Coastal*) **17 Minutes**.....**D-105.00**
The safety of drivers and your workers alike is in your flaggers' hands. One mishap from him and it will derail not only highway traffic but also your operations. Hand them the right safety skills via this vital flagging program.

- Flagger requirements
- Proper Clothing and equipment
- Flagger position
- Stopping and releasing traffic

Highway Work Zone Safety (*Coastal*) **15 Minutes**.....**D-105.01**
Highway construction poses threats not only to your workers but also to pedestrians and drivers. Show them the way to on-the-road safety and comply with MUTCS regulations with this informative training program.

- Being safety conscious
- Traffic control devices
- Slowing down traffic
- Detours and closures
- Communications

Emotional Wreck (*Coastal*) **23 Minutes**.....**D-105.02**
DVD (ENGLISH / SPANISH)
Aggressive driving is responsible for 1,500 deaths each year. Give your employees this eye-opening look at what constitutes aggressive driving, what contributes to it and how one driver's acts can cause a "domino effect" of bad decisions that may lead to tragedy. After watching this dramatic expose of the dangers of impatience, selfishness, obliviousness and

competitiveness behind the wheel, your employees are sure to take a deep breath and drive as if their lives depend on it. You and your employees will watch as the four main characters are egged on by the narrator who is riding shotgun or in the backseat with each of them. They unwittingly play right into his hands by being impatient, allowing distractions, being aggressive, driving to "win" and ignoring the rules and other cars on the road. Watch with horror as he brings one scenario to a tragic end.

- Learn the official definitions and see examples of aggressive driving
- Understand its causes and effects
- See past deadly psychological traps
- Apply safe driving practices to avoid or defend against aggressive driving.

Pulling Trailers (*Safety Shorts*) **5 Minutes**.....**H-102.07**
Safety procedures to protect you and other drivers when towing trailers, motor homes, campers or boats.

Passenger Overboard (*Safety Shorts*) **5 Minutes****M-102.04**
Thousands of workers risk injuries and death by riding in the backs of pickups and other trucks. This video uses the nautical theme of a "Man Overboard!" to show how you can prevent needless injuries.

Pre-Trip Inspection (*TX Work Comp*)**PD-101**

Defensive Driving - A Crash Course (*Coastal*) **16 Minutes**.....**PD-104**
Motor vehicle crashes consistently account for a huge number of injuries and lost work days. Keep your employees safe behind the wheel, on the job and off. Give them the tips they need to become defensive drivers and avoid costly accidents.

- Plan and prepare
- A defensive attitude
- Distractions
- City driving
- Freeways
- Rural roads

Safe Winter Driving (*Coastal*) **17 Minutes****PD-105**

Winter driving presents special driving hazards. This program reviews special safety techniques to help employees overcome winter driving hazards. Keep your workers safe on the road this winter.

- Basic emergency equipment
- Rain, snow and ice
- The skid
- Stopped and stranded

Safe Winter Driving (*Coastal*)
17 MinutesPD-108

Alert Driver, The (*Ata-line*)
19 MinutesPD-109
 A truckers guide to sleep, fatigue, and rest in our 24 hour society.

Trucking: Slips, Trips and Falls(*JJ Keller*) **15 Minutes**PD-110
 Covers the three-point dismount for drivers and other potential hazards outside of the rig.

Snowplow Safety (*NSC*)
23 MinutesW-100.01
 Zero's in on the safety aspects of driving a snowplow.

Snowplow Safety – Parking Lots (*NSC*) **19 Minutes**W-100.02
 Snowplow safety in parking lots.

OFFICE SAFETY

Lady Lace on the Case (*NSC*)
10 Minutes.....O-100.01
 Demonstrates how carelessness, overconfidence and stress contribute to office accidents.

Working Smart: General Office Safety; (*Coastal*) **20 Minutes**.....O-100.02
 This video alerts employees to potential dangers in their offices and gives crucial advice on how to avoid those dangers: avoiding slips and falls, ergonomics, and hazardous and flammable chemicals.

Dreams into Nightmares (*Safety Shorts*) **5 Minutes**O-100.04

This video takes a harsh look at the effects an accident can have on your company and its employees.

Computeritis (*Safety Shorts*) **5 Minutes**O-100.05
 Computeritis is a cumulative trauma disorder that stems from repeated striking of computer keys. The disability is potentially crippling and may affect hundreds of thousands of workers.

Star Witness-Accident Reporting (*Safety Shorts*) **5 Minutes**O-100.06
 This video reminds workers that observing the details of an accident and reporting them accurately can save lives and help find the reasons for an accident and prevent another.

Office Safety (*The Idea Bank*)
20 MinutesPO-101

Office Safety (*The Idea Bank*)
19 MinutesPO-102

OFF-THE-JOB-SAFETY

Home Air Care: Indoor Air and Your Health (*Am. Lung Assoc.*) **12 Minutes**H-102.04
 Indoor air pollution and lung health.

Home Safety: Past, Present and Future (*Safety Shorts*) **5 Minutes**H-102.08
 Each year some 20,000 deaths occur in the home, mostly the result of falls, burns or accidental poisonings. This video reminds us to be aware of potential dangers during everyday activities.

Make Your Home a Safe Haven (*NSC and Liberty Mutual*) **10 Minutes**M-101.08
 Liberty Mutual and the National Safety Council have teamed up to make sure your family and home are as safe as possible. This video alerts you to common safety hazards that could be present in your home and includes tips to help you eliminate them.

Cutting it Short--Part I (*Safety Shorts*) **5 Minutes**M-102.05
 Mowing the yard can be dangerous if the rules of safety are neglected. This video parodies the TV classic Dragnet as a

reminder to always practice safety using a power mower.

- Cutting it Short--Part II** (*Safety Shorts*)
5 Minutes**M-102.06**
Riding lawn mowers can be dangerous--even deadly--when safety is ignored. This video takes viewers on a journey through a Twilight Zone parody to stress riding mower safety.

OSHA INSPECTIONS

- OSHA Inspection: Overcoming the Fear** (*Coastal*) **24 Minutes****A-100.02**
Overcoming the fear of OSHA inspections.
- Dirty Dozen, The** (*Coastal*) **16 Minutes****A-100.03**
OSHA's Top 12 Violations.
- OSHA Top 10**
(*Coastal*) **25 Minutes****A-100.05**
This exciting program will point out the 10 most serious violations of the Standards for General Industry.
- Workplace Safety Orientation**
(*J.J. Keller*)**A-100.14**
This video is a brief introduction to OSHA, and covers main topics such as employer responsibilities, and employee rights and responsibilities. This video also covers three main topics: the work environment, equipment, and what to do in case of an emergency.
- OSHA Inspection – Overcoming the Fear** (*Coastal*) **24 Minutes****PA-103**

OUTDOOR SAFETY

- Outdoor Safety -- Critters and Plants**
(*Safety Shorts*) **5 Minutes**.....**F-106.00**
The beauty and tranquility of the outdoors may be dangerously deceptive to the unwary and uninformed. In this video surveyors encounter some unexpected

hazards and learn valuable lessons in outdoor safety.

- Outdoor Safety** (*Safety Shorts*)
5 Minutes**H-103.00**
Two surveyors encounter some unexpected hazards and learn valuable lessons in outdoor safety.
- Grounds Keeping Safety - Dealing with Bugs and Critters** (*Coastal*) **16 Minutes****H-103.02**
This video shows tips on dealing with bugs and critters.
- Digging Up Trouble** (*Safety Shorts*)
5 Minutes**P-100.09**
North America is criss-crossed with a spiderweb of pipelines. When digging avoid being caught in the web.
- Landscape Equipment Safety Volume One: Push Mowers** (*The Idea Bank*) **20 Minutes****PHR-101**
- Landscape Equipment Safety Volume Two: Riding Mowers** (*The Idea Bank*) **20 Minutes**.....**PHR-102**
- April 1995 Safety and Environmental Affairs Journal** (*Coastal*) **33 minutes****PM-101**
-Recognizing Drug & Alcohol Abuse
-Confined Space Entry
-Driving in Rainy Weather
-Off-the-Job Safety
- Greenhouse and Nursery Safety Part 1 – Safety Program** (*VEP*).....**PM-102**
- Greenhouse and Nursery Safety Part 2 – Industry in Action** (*VEP*)..... **PM-103**
- Grounds Keeping Safety - Be a Pro!**
(*Coastal*) **17 Minutes**.....**PM-104**
- Landscape Equipment Safety: Power Hand Tools** (*The Idea Bank*)
20 Minutes**PPT-107**
Safe use of trimmers, power blowers, chain saws and weed cutters.

PREVENTION PLANS / EMERGENCY ACTION

Assisted Living Facility Emergency Plan of Action Guide (*The Idea Bank*)
12 Minutes.....**G-100.02**

Site Safety Plans (*Long Island Productions*) 13 Minutes**G-100.04**
Creation, criteria and effective use for site plans, response and safety requirements for emergencies, remedial actions, needs for advanced planning and practice.

Fatigue Management Essentials (*Vocam*) 18 Minutes...**G-100.10 DVD**
15-20 percent of people in industrialized countries are doing night work, weekend work, or other types of shift work. If not managed shift work can increase the fatigue levels of personnel and increase the risk of serious accidents. The highest rates of industrial incidents are often found among shift workers. However, when managed well, shift work can bring about major improvements in productivity and job satisfaction. This training package will ensure personnel learn the steps they can take to reduce the safety risks of fatigue while on the job and decrease the risk of costly lost time incidents.

Topics covered in Fatigue Management Essentials:

- Causes of Fatigue
- Fatigue and Performance
- Your Body Clock
- Fatigue Management
- Health Management
- Family and Social Life

Emergency Evacuation Procedures (*Bureau of Business Practice*)
.....**H-202.07**

Conflict Communication Skills
14 Minutes**S-101.02**
For companies of all sizes and industries. This covers communication problems between employees, customers, and supervisors.

Emergency Action Plan: Crisis Under Control (*Coastal*) 16 Minutes

.....**S-101.04**
Creating your emergency action plan.

Combustible Dust: Up In A Flash (*Coastal*) 13 Minutes.....**S – 102.02 DVD (ENGLISH / SPANISH)**
Combustible dust is a danger in any workplace that creates or accumulates dust. This life-saving training DVD will show your employees how to control the danger with good housekeeping measures and safe work practices.
-Dust and ignition control
-PPE
-Safe work practices
-Injury and damage control

Injury and Illness Prevention Plans (*Long Island Productions*) 16 Minutes
.....**S-102.05**
Step by step instructions on how to develop an Injury and Illness Prevention Plan for possible hazards on the job.

Safety Mentor, The (*Safety Shorts*)
5 Minutes**S-103.03**
This video explains “safety” mentoring to the worker and offers tips on how it can be used in the workplace to prevent accidents.

Safety is Your Responsibility (*Safety Shorts*) 5 Minutes.....**S-103.05**
Safety begins with the right attitude. This video illustrates the importance of keeping safety in mind while on the job--and keeping personal matters at home.

Destination Safety: Part II (*Safety Shorts*) 5 Minutes.....**S-103.06**
This video emphasizes safety at home as well as on the job.

Safety Programs (*Safety Shorts*)
5 Minutes**S-103.07**
How to properly facilitate a safety meeting.

PROPERTY MAINTENANCE

A Custodian’s Guide to On-The-Job Safety (*The Idea Bank*) 20 Minutes
.....**M-100.01**

Preventing slips, trips and falls, asbestos, power and hand tool, chemicals, lifting and ladder safety.

Fast and Effective Restroom Maintenance (*The Idea Bank*) **20 Minutes****M-100.02**

Public concerns, equipment, sanitation procedures and risk of contracting communicable diseases.

Maintenance Person Safety (*Long Island Productions*) **13 Minutes****M-100.04**

Ensure maintenance workers make a conscientious effort to work and act safely on the job. Read and follow chemical directions: MSDS, PPE, machine guarding, lockout/tagout.

Right-to-Know: Custodians/ Maintenance (*Long Island Productions*) **10 Minutes****M-100.05**

Comply with OSHA regulations. Instructs employees on household/industrial chemicals and hazards, labeling, following directions, chemical signs, MSDS.

On-The-Job Safety For Custodians (*Long Island Productions*) **28 Minutes****M-100.06**

Increase employees' awareness of the dangers of preventable accidents. Includes back injury prevention, ladder safety, chemical safety (PPE, labels, MSDS), trip/slip hazards, power and hand tool safety, and asbestos.

Hazard Communication for Janitors (*Long Island Productions*) **9 Minutes****M-101.00**

Household/industrial chemicals and hazards, chemical signs, labeling and following directions, MSDS contents and usage, avoiding overuse or mixing of chemicals.

Hotel: Employee Safety Orientation (*Long Island Productions*) **12 Minutes****M-101.01**

Equipment and electrical safety, personal protective equipment for chemical handling and fire safety, preventing falls and back injury.

Kitchen Safety & Sanitation (*Training Network, Inc.*) **9 Minutes****M-101.02**

Sanitation in Cafeterias (*Long Island Productions*) **13 Minutes****M-101.03**

A Custodians Guide to On-The-Job Safety (*The Idea Bank*) **25 Minutes** ..**PHR-103**

RANCH / FARM / VINEYARD

Safety on the Ranch (*TX Work Comp*) **16 Minutes****PM-107**

Vineyard Safety (Wine Grape Ind.) (English and SPANISH) (*State Comp. Ins. Fund*) **16 Minutes****PM-108**

Designed with the vineyard worker in mind, specific topics include: Back safety and lifting, personal protection, knife and pruner safety, machine and equipment safety, and general safety issues involved in and around the vineyard.

Working Safely In the Field (*TX Workers Comp*) **16 Minutes**.....**PM-109**

Working Safely In the Shed – (*TX Workers Comp*) **18 Minutes****PM-111 ENGLISH / SPANISH**

Farm Safety: Colorado Corn **20 Minutes**.....**PPT-113**

Cattle Handling Principals to Reduce Stress (*Grandin*).....**R-100.00 (DVD)**

Cattle Handling Principals to Reduce Stress (*Grandin*).....**R-100.01**

Colorado Grain and Feed Association Safety Video (*Grandin*)**R-100.02**

- Respiratory Protection: Another World (Coastal) 19 Minutes**
.....PPT-110 SPANISH

RECYCLING

- Do You Know Where Your Trash Is? (Safety Shorts) 5 Minutes**G-101.04
Our trash holds valuable resources that can be reprocessed and used again. This Safety Short video describes procedures for recycling at home and at the office.

RESPIRATORY PROTECTION

- Respirator Safety: Breathe Easy (Bureau of Business Practices)**P-102.04
Provides a comprehensive introduction to respirator safety for your new employees and gives experienced staff an important refresher in all areas OSHA requires. Some of the topics covered are how to inspect, put on and use a respirator, what to do if a respirator fails. Donated by A.G. Wassenaar, Inc.
- Air Supplied – Respirators (Long Island Productions) 12 Minutes**.....P-102.06
Meet OSHA regs with this thorough presentation on air-supplied respirators. Covers types of respirators, how each works and the two types of situations for which they are designed.
- Disposable Respirators: Exposure Control (Coastal) 11 Minutes**.....P-102.10
- Respiratory Care and Maintenance (ITSC) 14 Minutes**PPT-108
- Respirator Protection: Another World (Coastal) 19 Minutes**.....PPT-109
Avoid exposure to hazardous substances, which lead to serious health effects and other chronic illnesses. This program discusses:
-OHSA's Respiratory Protection standard
-Hazardous atmospheres
-Types of respirators / Fit Testing

- Respiratory Safety: A Sure Fit (Coastal)**.....PPT 114
DVD (ENGLISH / SPANISH)
Respirators are critical equipment on many jobs but if the fit isn't right, they may not help at all. Fit-testing is required annually and before a respirator is used on a job or whenever a different face piece is used. Be sure your workers know how to fit test their apparatus properly. This safety training program illustrates the different types of respirators, what they are used for and how to fit them correctly to maximize their protective qualities.
-Oxygen deficient and contaminated atmospheres
-Supplied air respirators
-Air purifying respirators
-Respirator selection
-Fit test and fit check

SAFETY FOR THE SUPERVISOR

- Employee Safety Orientation (Long Island Productions) 14 Minutes**G-100.01
Meet OSHA requirements for training in general hazards regarding proper clothing, machine guarding, accident reporting and more, for new-hire or refresher course.
- Getting The Job Done Safely Worker Orientation (The Training Network) 19 Minutes**.....G-100.12 DVD / SPANISH
Give your employees a wide overview of safety issues in the workplace to insure they are knowledgeable about the hazards they may face. This video covers a variety of different topics including:
-Causes of fatalities: fall protection, vehicle safety, excavations and electrical hazards
-Hazardous materials and MSDS
-Material handling and proper lifting
-Substance abuse

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Construction Safety Orientation (*The Training Network*) **19 Minutes.....G-100.11**
DVD / SPANISH

Many construction-site variables can cause accidents and injuries if proper awareness and respect for the hazards and safety practices are not rigorously followed. Four key principles are presented in this comprehensive and engaging video and several construction-related safety topics are discussed:

- PPE & Hazmat
- Ladder safety and fall prevention
- Hazard recognition and vehicle traffic
- Hoists and slings; scaffolds
- Electrical hazards, hot work and housekeeping
- Excavations

Job Safety Analysis (*Safety Care*)
17 Minutes.....G-102.00

A Job Safety Analysis (JSA) is a safety tool. It helps people to logically examine a particular job or task so that all the hazards associated with that particular job can be identified and assessed and when necessary, suitable control measures can be determined. The aim of a Job Safety Analysis is to document how a particular job should be done safely.

Job Safety Analysis (*Safety Training Systems*) **5 MinutesPS-101**

Return to Work for Employees (*Milt Wright*) **16 MinutesPS-102**

Return to Work Process (for Employers) (*TX Work Comp*)**PS-103**

Return to Work for Supervisors (*Milt Wright*) **16 Minutes.....PS-104**

Taking Control: Return to Work Connection (*Milt Wright*) **26 MinutesPS-105**

Safety ZAPP! Attaining an Empowered Safety Culture (*STS*)...**PS-106**

Recognition, Evaluation and Control of Hazards **18 MinutesPS-107**

Returning the Injured Worker to the Job: Early Return to Work

8 MinutesPS-108

Agenda 2000: Safety, Health and the Environment (*NSC*)

9 MinutesS-100.01
William Shatner hosts. Aimed at upper management to persuade companies to take a pro-active approach to safety.

Discipline: Safety Enforcement (*Long Island Productions*) **6 MinutesS-100.02**

Discusses elements of a safety program, proper documentation and counseling, and why enforcing safety rules is important.

Loss Control: Dollars Make Sense (*NSC*) **59 MinutesS-100.03**

Shows how safety programs and a good safety culture can decrease unnecessary expenses for a company. Aimed at upper management.

Presentation Skills (*NSC*) **10 MinutesS-100.04**

Designed for meeting leaders and safety professionals. Includes all information needed for an effective safety presentation.

Protecting Life: Promoting Health (*NSC*) **12 MinutesS-100.05**

Accident prevention and safety awareness promotion.

Safety Awareness (*SafetyCare*)
10 MinutesS-100.06

Thinking It Through: The Mark of a Professional Supervisor (*Tel-a-Train*)
20 MinutesS-100.08

Covers legal responsibilities, OSHA compliance, workers' compensation, what can go wrong, and how to control those areas.

Safety and the Supervisor (*Long Island Productions*) **25 Minutes.....S-100.09**

The supervisor's actions are key to a good safety program. Covers training of employees, documentation, hazard inspections, accident investigation and reports, supervisors' legal responsibility for safety.

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Supervisor's Guide – Accident Reporting (*Long Island Productions*)
12 MinutesS-100.11

Safety Coach – Supervisor's Guide to 7 C's of Safety (*Coastal*) 19 Minutes
.....S-100.12

Coaching Safety Performance (*Coastal*) 17 MinutesS-100.13
Safety Meeting Education.

Task Exposure Analysis (*Coastal*)
19 MinutesS-102.04
Beginning the pro-active safety process.

STRESS MANAGEMENT

Stress Management (*Personal Action*)
12 MinutesS-101.01
Teaches awareness, coping and action skills for managing stress.

Stress in the Workplace (*Safety Shorts*) 5 Minutes.....S-103.04

TOOLS AND MACHINES

Chain Saw Safety (*The Idea Bank*)
15 MinutesP-100.01
Shows how to safeguard against disabling injuries. Interview with industry professionals.

Landscape Equipment Safety: Power Hand Tools (*The Idea Bank*)
20 MinutesP-100.07
Safe use of trimmers, power blowers, chain saws and weed cutters.

Powered Hand Tool Safety: Handle With Care (*Coastal*) 19 MinutesP-100.08
Examines basic do's and don'ts for the power tools you're likely to use most often.

Machine Safety: It's In Your Hands (*Bureau of Business Practice*) 13 Minutes
.....P-102.02

Employees see why it is critically important to know the hazards of their machines, inspect machines thoroughly every day, wear the proper PPE, follow lockout/tagout rules, and understand machine maintenance.

Working Safety with Pneumatic Tools (*Long Island Productions*)
8 MinutesP-102.07

Shock Hazards: Power Tools (*Safety Shorts*) 5 Minutes.....P-103.02
Improperly used or maintained power tools can injure or kill. This video takes a look at a few simple ways to prevent electric shock from power tools.

Right Tool, The (*Safety Shorts*)
5 MinutesP-103.04
A tool that's the wrong size or is used the wrong way won't get the job done—and can lead to injury. This video illustrates how to select and use the right tool.

Hand and Power Tool Safety (*Aims*)
15 MinutesPPT 103

Machine Guarding (*Coastal*)
14 MinutesPPT-106
When it comes to machines, the risks are as plenty as the nuts, bolts, cogs and wheels. In this complex set-up, loose connections must be tidied up and safety mechanisms must be in order. Design a machine guarding system now to ensure smooth and safe operations. This program details:
-Categories and types of machine guarding
-Importance of safeguarding
-Places where most machine hazards occur
-Safety control devices

Videos on DVD

BACK INJURY PREVENTION / LIFTING & CARRYING

Back Care In Construction (*The Training Network*)
13 Minutes.....B-101.05 DVD / SPANISH
Increase awareness of potential hazards in construction-related activities and avoid injury. (1) Safe Lifting: leg power, power zone, 10:1 ratio (2) Back structure and function (3) Shoveling safety (4) Equipment / material handling: picks, breakers, cement sacks, piping, and sledgehammers.

Strains and Sprains: Avoiding the Pain (*Coastal*).....**B 101.06 DVD- Eng/Span**
This program trains your employees how to avoid straining or spraining body parts at work. It covers overexertion injuries, pulled muscles, specific risk factors such as slips, trips, & falls, heavy lifting and use of extreme force and repetitive or sustained movements. Learn how to protect your body and stay in balance using Neutral Posture and Reverse Stretching.

BLOODBORNE AND AIRBORNE PATHOGENS

H1N1 (Swine Flu) What You Need To Know (*Coastal*) **11 Minutes.....F 101.10 DVD (ENGLISH / SPANISH)**
There is widespread concern over the risk of exposure to the deadly H1N1 Flu (Swine Flu). The virus has one very important trait that could turn it into a global health emergency: the ability to spread from human to human. Now is not the time to panic. Now is the time to prepare. Separate fact from fiction and make sure your employees know how to protect themselves against the virulent disease.
-What is H1N1 Flu and how is it transmitted?
-Symptoms and treatments
-What to do in case of exposure
-H1N1 Flu treatment

Bloodborne Pathogens Safety for Custodians (*The Training Network*)
20 Minutes.....H-202.10 DVD
Excellent video demonstrates how custodians and maintenance workers can safely clean up spills of blood or other potentially infectious materials without risking exposure.
-Description of bloodborne pathogens
-Demonstrations: cleaning up bloodborne pathogens
-Guidelines for using and disposing of BioHaz bags and PPE.

Preventing Exposure to Bloodborne Pathogens (*The Training Network*)
8 Minutes.....H – 202.11 (DVD)
Bloodborne pathogens are a threat to every employee, including industrial, office and other non-healthcare workers. Teach your staff to protect themselves from potentially infectious materials by giving them an awareness of when exposure may occur. This quick-paced video covers the exposure control plan and how bloodborne pathogens are transmitted, specific safety precautions that should be taken to prevent contact with contaminated items, how to respond to possible exposure situations.

Bloodborne Pathogens: Just the Facts! (*Coastal*) **16 Minutes.....H – 202.12 DVD Eng / Span**
This program will give all viewers a complete picture of the risks of exposure to BBP, the kinds of diseases potentially present in blood and bodily fluids and the best practices to implement in order to stay safe in the event of exposure. It covers Bloodborne diseases, how exposure occurs, safe work practices, preventive housekeeping and emergency response.

CONFINED SPACE ENTRY

Confined Spaces: Dangerous Places (*The Training Network*)
25 Minutes.....PC – 109 (DVD)
Working safely in confined spaces requires a balance of the proper equipment, awareness and knowledge of hazards, proper training, and common sense. Give

your authorized entrants, attendants, entry supervisors, and rescue services personnel the necessary skills to comply with 29 CFR 1910.145 with this in-depth training program.

- Confined Spaces & The Entry Permit System.** *(The Training Network)*
8 Minutes.....PC – 110 (DVD)
 Employees need to be aware of the inherent dangers that lurk in confined spaces. This concise compelling video will teach your workers the definition of a confined space the hazards associated with them and the entry permit system. Also covers the difference between permit and non-permit required spaces, the responsibilities of each confined space entry team member, the entry supervisor, the standby attendant and entrants.

CONSTRUCTION SAFETY / HEAVY EQUIPMENT

- Construction – Safe Work Practices** *(The Training Network)*
11 Minutes.....PCH-102 DVD
SPANISH
- Ups and Downs of Material Handling Safety Equipment** *(The Training Network)*
22 Minutes.....C – 102.13 (DVD)
 Discusses important safety procedures related to the use of material handling equipment, and explains how to safely operate
 - Pallet jacks
 - High-lift stackers
 - Dock levelers
 - Hand Trucks and more

ELECTRICAL SAFETY

- Electrical Safety for the Qualified Worker** *(Coastal)*L-100.00
DVD (ENGLISH / SPANISH)
 Electrical safety is no light matter. Between 5 and 10 times a day, an arc flash explosion sends a burn victim to a special burn center. Generate strong safety procedures for your workers so they can avoid electrical shock,

serious burns and arc flash accidents. This best-selling program also helps your facility comply with OSHA regulation 1910.333-335 and covers the following info:
-Correct PPE
-Lockout / tagout procedures
-NFPA 70E
-Arc Flash hazard analysis

- Arc Flash: Live to Tell** *(Coastal)*
16 Minutes..... L 101.09
DVD (ENGLISH / SPANISH)
 Did you know that in the extreme temperatures of an arc flash blast metal vaporizes? The sound can reach 160 decibels causing permanent severe hearing damage. Make sure your workers never experience the devastation of an arc flash explosion. This life-saving training program will bring you and your workers up to speed on the 2009 version of NFPA70E. Get the latest information on arc flash prevention, achieving an electrically safe work condition, qualified and unqualified persons, job planning and hazard analysis.

- Electrical Safety: NFPA 70E** *(The Training Network)* **18 Minutes....L 101.10**
DVD
 Every year in the United States electrical contact causes 3,600 disabling injuries and kills an average of one worker per day, making electrocution the fourth leading cause of industrial fatalities. Make sure your employees understand and can apply the strengthened safeguards in NFPA 70E that can prevent electrical injuries and deaths. This program can be used to train your employees on the hazards of working with electrical current. Covers:
 - Electrical hazards
 - Energized Equipment
 - Approach Boundaries
 - Personal Protective Equipment

EXTREME HEAT and COLD SAFETY

- Heat Stress: Code Red!** *(Coastal)* **14 Minutes.....F – 101.03 – DVD**
Eng / Span
 This program describes the differences between and the dangers of heat stress, heat stroke, heat rashes and heat cramps

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when working in hot, humid conditions. It covers acclimatization, hydration, proper clothing, and signs of heat fatigue.

FALL PREVENTION / LADDERS / SCAFFOLDING

- Fall Protection** (*Summit Training Source, INC.*)
12 Minutes..... **E-102.08DVD**
- Scaffolding Safety – Erecting & Dismantling** (*Summit Training Source, Inc.*)
20 Minutes..... **E-103.02 DVD**
- Thinking About Fall Protection** (*DBI SALA*) 20 Minutes **E-102.05 DVD / SPANISH**
- Thinking About Fall Protection** (*DBI SALA*) 20 Minutes.....**PE-111 DVD / VHS**

HAND, FOOT BODY PROTECTION

- PPE Essentials** (*Vocam*)
24 Minutes.....**P-101.09 DVD**
Health and Safety research indicates that failure of personnel to wear PPE, use PPE properly and use compatible PPE results in accidents and fatalities that cost organizations and the community over \$1 billion per year. This high impact DVD will help ensure that personnel at your workplace wear their PPE and use it properly. This DVD is the A-Z of PPE safety. Topics covered in PPE Essentials:
-Types of PPE (A-Z)
-Risk Control
-Maintenance and Storage
- Hand Safety: It's In Your Hands** (*Coastal*)
20 Minutes.....**P-103.06 – DVD Eng / Span**
This program takes a look at common workplace hazards your workers face and how to prevent hand injuries that may be caused by them. It covers wearing the right hand protection, using machine guards, using the right tool for the task, keeping equipment in proper working order, taking good care of gloves.

HAZCOM / CHEMICAL SAFETY

- Spill Prevention & Control: Insuring a Safer World** (*Coastal*)
16 Minutes...**H – 101.11 DVD Eng / Span**
This program describes the Federal guidelines for Spill Prevention, Control and Countermeasures or SPCC which requires companies to have approved safeguards and procedures in place to prevent any discharge of oil into navigable waters or adjoining shorelines. This program covers: what SPCC considers to be “oil”, defines SPCC, who is covered, SPCC requirements, prevention, control and countermeasures.

HEARING CONSERVATION

- WHAT...?! Protect Your Hearing** (*The Training Network*) 13 Minutes...**P – 101.11 (DVD)** Hearing loss caused by noise is dangerous and permanent. It decreases employee efficiency at work. Protect your employees by preserving their hearing with this comprehensive video on hearing loss. This program's upbeat approach will keep your employees tuned into how they can protect themselves and their ears.
- Hearing Conservation: A Refresher Program** (*The Training Network*)
18 Minutes.....**P - 101.12 (DVD)**
Considering the fact that virtually all types of hearing injuries can result in hearing loss it is important to keep your employees up-to-date on proper hearing conservation safety. This video will provide your employees with the information they need to refresh their knowledge of OSHA's hearing regulation. Topics covered include: How our ears work, common types and causes of hearing damage/loss, noise avoidance and hearing safety practices, selection and use of personal protective equipment.

MOTOR VEHICLE SAFETY

- Emotional Wreck** (*Coastal*)
23 Minutes.....**D-105.02 DVD (ENGLISH / SPANISH)**
Aggressive driving is responsible for 1,500 deaths each year. Give your employees this

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eye-opening look at what constitutes aggressive driving, what contributes to it and how one driver's acts can cause a "domino effect" of bad decisions that may lead to tragedy. After watching this dramatic expose of the dangers of impatience, selfishness, obliviousness and competitiveness behind the wheel, your employees are sure to take a deep breath and drive as if their lives depend on it. You and your employees will watch as the four main characters are egged on by the narrator who is riding shotgun or in the backseat with each of them. They unwittingly play right into his hands by being impatient, allowing distractions, being aggressive, driving to "win" and ignoring the rules and other cars on the road. Watch with horror as he brings one scenario to a tragic end.

- Learn the official definitions and see examples of aggressive driving
- Understand its causes and effects
- See past deadly psychological traps
- Apply safe driving practices to avoid or defend against aggressive driving.

Driven to Distraction (Coastal)
16 Minutes...D – 100.40 DVD – Eng / Span
 The first in our Safe Driving series, this is a powerful program about the everyday distractions we allow to enter our vehicles. From the perspective of the main character, IM, we'll see two lives that are snuffed out because of the distractions they allowed to control them. At the end of the program, participants should; understand how distractions affect our driving, know what the common distractions are, realize the importance of eliminating distractions, know they are responsible.

FORKLIFT

Forklift Operations: Carry the Load
 (Coastal) **18 MinutesF-102.09**
DVD (ENGLISH / SPANISH)
 Every forklift, every situation and every load is different and the risk of an accident is present. This program emphasizes the importance of these safety elements and teaches your forklift operators how to handle:

- Surface conditions

- Various loads and stability
- Proper load manipulation
- Stacking and unstacking
- Vehicle and pedestrian traffic

Forklift Fundamentals: Get the Facts
 (Coastal) **17 MinutesF-102.10**
DVD (ENGLISH / SPANISH)

This program will familiarize your workers with the basics of safe forklift practices and will help your company comply with OSHA's Powered Industrial Truck Standard (1910.78). It covers:

- Powered Industrial trucks
- Power plant inspections
- Equipment inspections

Forklift Basics: Safe From The Start
 (Coastal) **22 Minutes...F-104.04**
DVD Eng / Span

This program provides details on the powered industrial truck, from the way it's constructed to the way it works. It will help your operators understand the factors that affect forklift balance and maneuverability.

General Safety

Just Another Day (Coastal)
20 Minutes..... A - 100.06
DVD (ENGLISH / SPANISH)

Are your veteran employees getting complacent about safety? Do they skip safety procedures at times assuming that since they've done something dozens of times, they can skip them without consequences? Stop this mindset from taking hold with Just Another Day – Coastal's new hazard recognition training program developed especially for the experienced worker. Your employees will keep score as they follow the five main characters through a typical work day. Count how many hazards they miss as they encounter one risky solution after another until the sobering ending. Just Another Day will show your workers:

- The importance of staying focused
- The danger of becoming distracted
- Why the proper use of PPE is essential
- The risks of getting complacent
- Why safety procedures must be followed at all times.

PREVENTION PLANS / EMERGENCY ACTION

- Fatigue Management Essentials**
(Vocam) 18 Minutes...G-100.10 DVD
15-20 percent of people in industrialized countries are doing night work, weekend work, or other types of shift work. If not managed shift work can increase the fatigue levels of personnel and increase the risk of serious accidents. The highest rates of industrial incidents are often found among shift workers. However, when managed well, shift work can bring about major improvements in productivity and job satisfaction. This training package will ensure personnel learn the steps they can take to reduce the safety risks of fatigue while on the job and decrease the risk of costly lost time incidents.
Topics covered in Fatigue Management Essentials:
-Causes of Fatigue
-Fatigue and Performance
-Your Body Clock
-Fatigue Management
-Health Management/Family and Social Life

- Combustible Dust: Up In A Flash**
(Coastal) 13 Minutes.....S – 102.02 DVD (ENGLISH /SPANISH)
Combustible dust is a danger in any workplace that creates or accumulates dust. This life-saving training DVD will show your employees how to control the danger with good housekeeping measures and safe work practices.
-Dust and ignition control
-PPE
-Safe work practices
-Injury and damage control

SAFETY FOR THE SUPERVISOR

- Getting The Job Done Safely Worker Orientation** (The Training Network)

- 19 Minutes.....G-100.12 DVD / SPANISH**
Give your employees a wide overview of safety issues in the workplace to insure they are knowledgeable about the hazards they may face. This video covers a variety of different topics including:
-Causes of fatalities: fall protection, vehicle safety, excavations and electrical hazards
-Hazardous materials and MSDS
-Material handling and proper lifting
-Substance abuse

- Construction Safety Orientation** (The Training Network) 19 Minutes.....G-100.11 DVD / SPANISH
Many construction-site variables can cause accidents and injuries if proper awareness and respect for the hazards and safety practices are not rigorously followed. Four key principles are presented in this comprehensive and engaging video and several construction-related safety topics are discussed:
-PPE & Hazmat
-Ladder safety and fall prevention
-Hazard recognition and vehicle traffic
-Hoists and slings; scaffolds
-Electrical hazards, hot work and housekeeping
-Excavations

RESPIRATORY PROTECTION

- Respiratory Safety: A Sure Fit** (Coastal).....PPT 114 DVD (ENGLISH / SPANISH)
Respirators are critical equipment on many jobs but if the fit isn't right, they may not help at all. Fit-testing is required annually and before a respirator is used on a job or whenever a different face piece is used. Be sure your workers know how to fit test their apparatus properly. This safety training program illustrates the different types of respirators, what they are used for and how to fit them correctly to maximize their protective qualities.

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- Oxygen deficient and contaminated atmospheres
- Supplied air respirators
- Air purifying respirators
- Respirator selection
- Fit test and fit check

Videos Available in Spanish

BACK INJURY PREVENTION / LIFTING & CARRYING

- Back Injury Responsibility** (*Training Network, Inc.*) **10 Minutes B-100.13 SPANISH**
Explains how to use your back properly and how to lift responsibly.
- Back Care In Construction** (*The Training Network*)
13 Minutes.....B-101.05 DVD / SPANISH
Increase awareness of potential hazards in construction-related activities and avoid injury. (1) Safe Lifting: leg power, power zone, 10:1 ratio (2) Back structure and function (3) Shoveling safety (4) Equipment / material handling: picks, breakers, cement sacks, piping, and sledgehammers.
- Strains and Sprains: Avoiding the Pain** (*Coastal*).....**B 101.06 DVD- Eng/ Span**
This program trains your employees how to avoid straining or spraining body parts at work. It covers overexertion injuries, pulled muscles, specific risk factors such as slips, trips, & falls, heavy lifting and use of extreme force and repetitive or sustained movements. Learn how to protect your body and stay in balance using Neutral Posture and Reverse Stretching.
- B-A-C-K: Posture, Mechanics, Exercise** (*Coastal*) **19 Minutes**
.....**PB-104 SPANISH**
Examines the problem of back pain and states that planning ahead and using common sense can avert most back injuries.

Poor posture, incorrect body mechanics and lack of exercise are the primary culprits. Some exercises are demonstrated.

BLOODBORNE AND AIRBORNE PATHOGENS

- H1N1 (Swine Flu) What You Need To Know** (*Coastal*) **11 Minutes.....F 101.10 DVD (ENGLISH / SPANISH)**
There is widespread concern over the risk of exposure to the deadly H1N1 Flu (Swine Flu). The virus has one very important trait that could turn it into a global health emergency: the ability to spread from human to human. Now is not the time to panic. Now is the time to prepare. Separate fact from fiction and make sure your employees know how to protect themselves against the virulent disease.
-What is H1N1 Flu and how is it transmitted?
-Symptoms and treatments
-What to do in case of exposure
-H1N1 Flu treatment
- Bloodborne Pathogens: Just the Facts!** (*Coastal*) **16 Minutes.....H – 202.12 DVD Eng / Span**
This program will give all viewers a complete picture of the risks of exposure to BBP, the kinds of diseases potentially present in blood and bodily fluids and the best practices to implement in order to stay safe in the event of exposure. It covers Bloodborne diseases, how exposure occurs, safe work practices, preventive housekeeping and emergency response.
- Bloodborne Pathogens for School** (*Long Island Productions*)
17 Minutes.....H-202.09 SPANISH
Produced especially for custodian and maintenance staff.

CONFINED SPACE ENTRY

- Confined Space Entry – Permit Required**(*Coastal*) **21 Minutes**
.....**PC-104 SPANISH**

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CONSTRUCTION SAFETY / HEAVY EQUIPMENT

- Construction – Safe Work Practices**
(The Training Network)
11 Minutes.....PCH-102 DVD
(SPANISH)

ELECTRICAL SAFETY

- Electrical Safety for the Qualified Worker** *(Coastal)***L-100.00 DVD (ENGLISH / SPANISH)**
Electrical safety is no light matter. Between 5 and 10 times a day, an arc flash explosion sends a burn victim to a special burn center. Generate strong safety procedures for your workers so they can avoid electrical shock, serious burns and arc flash accidents. This best-selling program also helps your facility comply with OSHA regulation 1910.333-335 and covers the following info:
-Correct PPE
-Lockout / tagout procedures
-NFPA 70E
-Arc Flash hazard analysis

- Arc Flash: Live to Tell** *(Coastal)*
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Did you know that in the extreme temperatures of an arc flash blast metal vaporizes? The sound can reach 160 decibels causing permanent severe hearing damage. Make sure your workers never experience the devastation of an arc flash explosion. This life-saving training program will bring you and your workers up to speed on the 2009 version of NFPA70E. Get the latest information on arc flash prevention, achieving an electrically safe work condition, qualified and unqualified persons, job planning and hazard analysis.

ERGONOMICS

- Ergonomics -- Your Body at Work**
(Coastal) **20 Minutes.....PER-104 SPANISH**

EXTREME HEAT and COLD SAFETY

- Heat Stress: Code Red!**
(Coastal) **14 Minutes.....F – 101.03 – DVD Eng / Span**
This program describes the differences between and the dangers of heat stress, heat stroke, heat rashes and heat cramps when working in hot, humid conditions. It covers acclimatization, hydration, proper clothing, and signs of heat fatigue.

FALL PREVENTION / LADDERS / SCAFFOLDING

- Fall Protection Spanish** *(Long Island Productions)* **26 Minutes**
.....**E-101.06 SPANISH**
- Thinking About Fall Protection** *(DBI SALA)* **20 Minutes.....E-102.05 DVD / SPANISH**
- Fall Protection** *(Summit Training Source, INC.)*
12 Minutes..... E-102.08 SPANISH

FIRE PREVENTION

- Fire Extinguisher - Fire Prevention**
(Training Network, Inc.) **17 Minutes**
.....**F-100.09 SPANISH**
- Fire Safety: There's No Second Chance***(Coastal)* **20 Minutes**
.....**PF-103 SPANISH**

FIRST AID / EMERGENCY CARE

- First Aid on the Job: Initial Response**
(Coastal) **26 Minutes**
.....**PFA-103 SPANISH**

FORKLIFT

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Forklift Operations: Carry the Load
(Coastal) 18 MinutesF-102.09
DVD (ENGLISH / SPANISH)

Every forklift, every situation and every load is different and the risk of an accident is present. This program emphasizes the importance of these safety elements and teaches your forklift operators how to handle:

- Surface conditions
- Various loads and stability
- Proper load manipulation
- Stacking and unstacking
- Vehicle and pedestrian traffic

Forklift Safety OSHA Final Rule –
(Long Island Productions) 27 Minutes
.....F-104.02 **SPANISH**

A complete breakdown of OSHA safety regulations: fulcrum load centers and stability triangle, safe operating procedures, techniques, rules.

Forklift Fundamentals: Get the Facts
(Coastal) 17 MinutesF-102.10
DVD (ENGLISH / SPANISH)

This program will familiarize your workers with the basics of safe forklift practices and will help your company comply with OSHA's Powered Industrial Truck Standard (1910.78). It covers:

- Powered Industrial trucks
- Power plant inspections
- Equipment inspections

Forklift Basics: Safe From The Start
(Coastal) 22 Minutes...F-104.04
DVD Eng / Span

This program provides details on the powered industrial truck, from the way it's constructed to the way it works. It will help your operators understand the factors that affect forklift balance and maneuverability.

General Safety

Housekeeping: It Ain't Like the
Movies 15 Minutes.....PHR-104 SPANISH

HAND, FOOT BODY PROTECTION

Hand Safety: It's In Your Hands
(Coastal)
20 Minutes.....P-103.06 – **DVD Eng / Span**

This program takes a look at common workplace hazards your workers face and how to prevent hand injuries that may be caused by them. It covers wearing the right hand protection, using machine guards, using the right tool for the task, keeping equipment in proper working order, taking good care of gloves.

HAZCOM / CHEMICAL SAFETY

Forklift Fundamentals: Get the Facts
(Coastal) 17 MinutesF-102.10
DVD (ENGLISH / SPANISH)

This program will familiarize your workers with the basics of safe forklift practices and will help your company comply with OSHA's Powered Industrial Truck Standard (1910.78). It covers:

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- Power plant inspections
- Equipment inspections

Just Another Day (Coastal)
20 Minutes..... A - 100.06
DVD (ENGLISH / SPANISH)

Are your veteran employees getting complacent about safety? Do they skip safety procedures at times assuming that since they've done something dozens of times, they can skip them without consequences? Stop this mindset from taking hold with Just Another Day – Coastal's new hazard recognition training program developed especially for the experienced worker. Your employees will keep score as they follow the five main characters through a typical work day. Count how many hazards they miss as they encounter one risky solution after another until the sobering ending. Just Another Day will show your workers:

- The importance of staying focused
- The danger of becoming distracted
- Why the proper use of PPE is essential
- The risks of getting complacent
- Why safety procedures must be followed at all times.

Spill Prevention & Control: Insuring a Safer World *(Coastal)*
16 Minutes...H – 101.11 DVD Eng / Span

This program describes the Federal guidelines for Spill Prevention, Control and Countermeasures or SPCC which requires companies to have approved safeguards and procedures in place to prevent any discharge of oil into navigable waters or adjoining shorelines. This program covers: what SPCC considers to be "oil", defines SPCC, who is covered, SPCC requirements, prevention, control and countermeasures.

Hazard Communication 2000 – *(Long Island Productions)* **30 Minutes**
**H-105.01 SPANISH**

OSHA Lead Standards Retraining *(Long Island Productions)* **14 Minutes**
**PH-105 SPANISH**

HEARING CONSERVATION

Hearing Conservation*(Training Network, Inc.)* **11 Minutes**
**P-100.03 SPANISH**

Provide required training/annual retraining and increased awareness of noise as a hazard. Encourage employees to take personal responsibility!

It's a Noisy World - *(KN Production)*
12 Minutes
**P-101.06 SPANISH**

LOCKOUT / TAGOUT

Lockout/Tagout: Lightning in a Bottle *(Coastal)* **15 Minutes DVD Eng / Span**
**L-101.07**

Fatal injuries occur in workplaces when hazardous energy is released and lockout/tagout procedures are not in place. Don't let that happen in your workplace. Use this vital program to train your workers on the proper lockout/tagout procedures.

MOTOR VEHICLE SAFETY

Emotional Wreck *(Coastal)*
23 Minutes.....D-105.02
DVD (ENGLISH / SPANISH)

Aggressive driving is responsible for 1,500 deaths each year. Give your employees this eye-opening look at what constitutes aggressive driving, what contributes to it and how one driver's acts can cause a "domino effect" of bad decisions that may lead to tragedy. After watching this dramatic expose of the dangers of impatience, selfishness, obliviousness and competitiveness behind the wheel, your employees are sure to take a deep breath and drive as if their lives depend on it. You and your employees will watch as the four main characters are egged on by the narrator who is riding shotgun or in the backseat with each of them. They unwittingly play right into his hands by being impatient, allowing distractions, being aggressive, driving to "win" and ignoring the rules and other cars on the road. Watch with horror as he brings one scenario to a tragic end.

- Learn the official definitions and see examples of aggressive driving
- Understand its causes and effects
- See past deadly psychological traps
- Apply safe driving practices to avoid or defend against aggressive driving.

Driven to Distraction *(Coastal)*
16 Minutes...D – 100.40 DVD – Eng / Span

The first in our Safe Driving series, this is a powerful program about the everyday distractions we allow to enter our vehicles. From the perspective of the main character, IM, we'll see two lives that are snuffed out because of the distractions they allowed to control them. At the end of the program, participants should; understand how

distractions affect our driving, know what the common distractions are, realize the importance of eliminating distractions, know they are responsible.

RANCH / FARM / VINEYARD

Working Safely In the Field –(TX Workers Comp) 16 Minutes
.....PM-110 ENGLISH / SPANISH

Working Safely In the Shed – (TX Workers Comp) 18 Minutes
.....PM-111 ENGLISH / SPANISH

PREVENTION PLANS / EMERGENCY ACTION

Combustible Dust: Up In A Flash (Coastal) 13 Minutes.....S – 102.02 DVD (ENGLISH /SPANISH)
Combustible dust is a danger in any workplace that creates or accumulates dust. This life-saving training DVD will show your employees how to control the danger with good housekeeping measures and safe work practices.
-Dust and ignition control
-PPE
-Safe work practices
-Injury and damage control

RESPIRATORY PROTECTION

Respiratory Protection: Another World (Coastal) 19 Minutes
.....PPT-110 SPANISH

Respiratory Safety: A Sure Fit (Coastal).....PPT 114 DVD (ENGLISH / SPANISH)
Respirators are critical equipment on many jobs but if the fit isn't right, they may not help

at all. Fit-testing is required annually and before a respirator is used on a job or whenever a different face piece is used. Be sure your workers know how to fit test their apparatus properly. This safety training program illustrates the different types of respirators, what they are used for and how to fit them correctly to maximize their protective qualities.

-Oxygen deficient and contaminated atmospheres

-Supplied air respirators

-Air purifying respirators

-Respirator selection

-Fit test and fit check

SAFETY FOR THE SUPERVISOR

Getting The Job Done Safely Worker Orientation (The Training Network) 19 Minutes.....G-100.12 DVD / SPANISH

Give your employees a wide overview of safety issues in the workplace to insure they are knowledgeable about the hazards they may face. This video covers a variety of different topics including:

-Causes of fatalities: fall protection, vehicle safety, excavations and electrical hazards

-Hazardous materials and MSDS

-Material handling and proper lifting

-Substance abuse

Construction Safety Orientation (The Training Network) 19 Minutes.....G-100.11 DVD / SPANISH

Many construction-site variables can cause accidents and injuries if proper awareness and respect for the hazards and safety practices are not rigorously followed. Four key principles are presented in this comprehensive and engaging video and several construction-related safety topics are discussed:

-PPE & Hazmat

-Ladder safety and fall prevention

-Hazard recognition and vehicle traffic

-Hoists and slings; scaffolds

-Electrical hazards, hot work and housekeeping

-Excavations

To Order, CSA members, please call 303-373-1937 or email frontdesk@coloradosafety.org. Pinnacol members contact Pinnacol Assurance – Loss Control Department.